

2017 RCA National Rowing Championships – Canada Cup Regatta

Burnaby Lake
Burnaby, British Columbia



ROWING
CANADA
AVIRON



Bulletin No. 2
August 28, 2017

The Organizing Committee for the 2017 NRC-CCs has some important updates.

HOW TO SIGN UP FOR ENTRIES

Regatta Central Sign Up

All registration will be processed through [Regatta Central](#). Please ensure that you **register your team before October 20th, 2017. No late entries will be accepted.** If you have any questions about this process, please contact [Rowing BC](#).

Instead of utilizing the online payment option, Rowing BC would like to request that PRAs make entry payments by cheque to:

Rowing BC
155-3820 Cessna Dr.
Richmond, BC
V7B 0A2

REGATTA SCHEDULE

An adjustment has been made to the Regatta Schedule since Bulletin #1. In order to accommodate the shorter daylight hours in November, C finals are being moved from Friday to Saturday. The full updated schedule is available below:

- Tuesday, November 7 – on-water practice (exact times to be confirmed)
- Wednesday, November 8 - on-water practice (exact times to be confirmed)
- Thursday, November 9 - time trials, repêchages, quarterfinals
- Friday, November 10 - quarter finals, semi-finals
- Saturday, November 11 – finals (A, B, C), RCA Alumni Race, Athlete Awards Banquet in the evening
- Sunday, November 12 - Canada Cup

The preliminary racing schedule is posted on [RegattaCentral](#).

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SEEDING PANEL

As mandated in the NRC-CC Technical Package, a Seeding Panel will be struck for the regatta. The panel will use the following criteria to seed the NRC time trials to avoid faster crews overtaking slower crews. Depending on the number of entries in each event, up to 20 entries in the respective events will be seeded.

The criteria to be used are:

1. National Training Centre athletes ranked by HPD based on performance parameters and coach input;
2. Under 23 athletes based on performance at U23 trials and summer racing performances;
3. Junior athletes based on junior selection trials and summer racing performances;
4. Other 2016 racing performance data;
5. RADAR submissions

ID REQUIREMENTS, ATHLETE WEIGH-INS AND CONTROL COMMISSION

ID Requirements: Please note that photo ID is mandatory for athlete weigh-ins and dock access during racing. Acceptable ID will be any government issued document with photo and date of birth. **Copies of ID on electronic devices will not be acceptable**; a clear photocopy of passport will be acceptable.

Control Commission Access: Single access to the Control Commission tent will be via the Burnaby Lake parking lot. All competitor boats must be stored in the parking lot.

Athlete Weigh-Ins: An athlete weighing test scale will be available. Weigh-in time is 2 hours to 1 hour before one's race.

For the Canada Cup events, FISA Rule 31 will apply except that each athlete in a crew will be permitted to weigh the FISA maximum i.e., LM 73.5 kg, LW 60 kg.

ANTI-DOPING

All competitors are advised that doping control may be in effect and are subject to doping control under the Canadian Anti-Doping Program (CADP). Coaches and other athlete support personnel are also subject to the rules of the CADP. Athletes are strongly encouraged to visit <http://www.cces.ca/athletezone> for helpful information and resources; to know their rights and responsibilities as athletes with regards to anti-doping; to understand the sample collection procedures; to check all medications and products before taking them to ensure they do not contain banned substances; to avoid taking supplements (but if they choose to, learn how to minimize their risk); to verify medical exemption requirements; and contact the CCES directly should they have any questions or would like additional information (call 1-800-672-7775 or email info@cces.ca). Athletes who test positive risk being sanctioned in accordance to the

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rules of the CADP. Athletes are responsible for reviewing this information prior to competition. Athlete support personnel are also encouraged to become familiar with anti-doping rules and regulations.

EQUIPMENT

The Ministry of Environment requires that all equipment arriving in BC after having been in Ontario, Quebec or Manitoba go through an inspection to help stop the spread of invasive zebra and quagga mussels. Before being loaded onto your trailer, equipment must be cleaned with soap and fresh water, drained and fully dried. Rowing BC will coordinate with trailer drivers for an inspection of all equipment to be completed upon arrival in BC, before any boats can be unloaded and used for practice/racing. To pass the inspection, the inside of boats must be fully dry so that there is nowhere for larvae or adult mussels to live or be transferred from. Additional information will be provided in the lead-up to the NRC-CC regattas to the trailer drivers of those provinces affected. More information on requirements for bringing boats into BC is [available here](#).

REQUEST FOR BC CLUB EQUIPMENT

If you are interested in renting equipment from a rowing club in BC, please [email Rowing BC](#) by **September 20th, 2017** for additional information regarding setting up rental agreements. Rowing BC does not guarantee equipment available for rental, but will assist in setting up sharing agreements where possible.

REQUEST FOR BC COXSWAINS

The organizing committee understands the financial pressures related to flying out coxswains for only one day of racing at the Canada Cup Regatta. Accordingly, Rowing BC will advertise, within the BC rowing community, coxswain positions to complete your provincial teams. Any PRA interested in having a BC coxswain must [email Rowing BC](#) by **September 20th, 2017**. Rowing BC will commit to advertising these available positions; however, we are not guaranteeing coxswains for all provincial teams. Provincial Rowing Associations are responsible for covering transport, accommodations, and uniforms, and the coxswain ticket for the banquet.

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AWARDS BANQUET

The Athlete Awards Banquet will be returning to the Hilton Metrotown, in Burnaby after the conclusion of the NRCs on Saturday, November 11th, 2017. This will include the NRC medal presentation ceremonies and a dinner.

NRC Medal Presentations: 5pm – 6pm (recipients to arrive at 4:45 pm)

Reception: 6pm – 7pm

Banquet: 7pm – 9pm

Location: 6083 McKay Ave., Burnaby BC V5H 2W7, Crystal Ballroom, Hilton Vancouver Metrotown

Dress Code: Cocktail

Athlete tickets are already included in the competition fees. Coxswain tickets will be made available for purchase for \$50 + processing fees. All additional tickets (coaches, and supporters) can be purchased after October 20th, 2017 for \$100 + processing fees. Purchasing options will be released in October.

REGATTA QUESTIONS?

Jessica Lowe will be returning as Chair of the 2017 NRC-CCR Organizing Committee and former FISA umpire Mike Bagshawe will be returning as the Chief Umpire for the regatta. If you have any questions about the regatta please contact the Organizing Committee Regatta Chair, Jessica Lowe at: nrc-cc@rowingbc.ca.

NRC-CC regatta information will also be posted on www.rowingbc.ca and www.regattacentral.com.

We look forward to seeing you in Burnaby.