



## 2018 RCA National Rowing Championship Regatta and Canada Cup Regatta

Burnaby Lake, British Columbia  
Bulletin No. 2 | October 29, 2018

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## **Regatta Communications**

### **General Information Updates**

This bulletin will be the final information bulletin. All future updates will be made available on the [RegattaCentral](#) and [Rowing BC](#) websites.

### **Social Media Updates**

Additional information and reminders will be available through Rowing BC's Facebook (@rowingbc) and Twitter (@rowing\_bc) accounts. Connect with us on social media using the hashtag #CDNROWING or #AVIRONCDN!

### **Administrative Updates**

*WhatsApp Chat* will be used to keep PRA and club managers informed during the event. Coaches and staff members that will be present at the regatta site are strongly encouraged to [join the 2018 RCA NRC Regatta WhatsApp Group here](#). *WhatsApp* is free to download.

## **General Information: On-Land**

### **\*NEW\* for 2018 - Site Layout**

In an effort to further improve the participant experience at the National Rowing Championship Regatta and Canada Cup Regatta, the Organizing Committee has made adjustments to the regatta site layout. A Regatta Village, built from heated marquee-style tents, will house the Athlete Warm-up Area, Bag Check, Umpire Space, Volunteer Check-In and Regatta Office, leaving the majority of the Burnaby Lake Pavilion for viewing races. The pavilion will be fully licensed, serving beer and wine Friday, Saturday and Sunday. View the [new site plan here](#).

### **Trailer and Parking Arrangements**

As noted on the [2018 site plan](#), the only vehicle parking in the main lot will be for para athletes, a City of Burnaby employee, the Chief Umpire and the Assistant Chief Umpire<sup>1</sup>. Umpire parking is available in the roundabout at the main entrance to the park.

All other parking will be in the overflow gravel lot. Follow the path from the North-East corner of the gravel lot for a 5-10 min walk to the main lot where a greeter will welcome you to the regatta.

This year, trailers will be able to drive into the main lot to unload, and will then be re-parked in the gravel lot until the regatta is over. Trailer drivers must contact David Calder at [david.calder@rowingbc.ca](mailto:david.calder@rowingbc.ca) or 1-778-677-5633 to confirm their date and time of arrival so that appropriate support arrangements can be made.

## **Regatta Site Hours of Operation**

|                | Wednesday<br>Nov. 7 <sup>th</sup> | Thursday<br>Nov. 8 <sup>th</sup> | Friday<br>Nov. 9 <sup>th</sup> | Saturday<br>Nov. 10 <sup>th</sup> | Sunday<br>Nov. 11 <sup>th</sup> |
|----------------|-----------------------------------|----------------------------------|--------------------------------|-----------------------------------|---------------------------------|
| Regatta Office | 12-5 PM                           | 7 AM – 5 PM                      | 7 AM – 5 PM                    | 7 AM – 5 PM                       | 7 AM – 4 PM                     |
| Concession     | N/A                               | 9 AM – 4 PM                      | 7 AM – 2 PM                    | 7 AM – 4 PM                       | 7 AM – 3 PM                     |
| Food Truck     | N/A                               | N/A                              | 11 AM-2:30 PM                  | 11 AM-2:30 PM                     | 11 AM-2:30 PM                   |

<sup>1</sup> Spectators with accessibility concerns should speak with the parking attendant at the entrance to the park



## **Volunteers**

Thank you to everyone volunteering to make this event a success! If you are attending and could offer some time as a volunteer, please consider [signing up here](#). Volunteers who help with two or more shifts in a day will be treated to lunch at the on-site food truck as a thank you!

## **General Information: On-Water** **Regatta Schedule and Time Trial Draw**

The final schedule and time trial draw will be [available on RegattaCentral](#) on Nov. 2, 2018. Hard copies of schedules and daily race draws will be available on a limited basis from the Regatta Office. Please bookmark the RegattaCentral website on your handheld device to avoid unnecessary printing requests.

## **Practice Sessions**

The lake will be open for practices at the following times:

- Wednesday, November 7<sup>th</sup>, 12-4 PM
- Thursday, November 8<sup>th</sup>, 7:15-11:15 AM
- Friday, November 9<sup>th</sup>, 7:15-8:15 AM, 2-4 PM
- Saturday, November 10<sup>th</sup>, 3-4 PM
- Sunday, November 11<sup>th</sup>, 7:15-8:15 AM

A safety boat must be on the water in order for crews to practice. The Organizing Committee has arranged volunteer safety boat drivers for the practice sessions listed above. Additional coaches may be able to take a boat on the water by checking in at the Regatta Office.

Crews desiring to practice on Tuesday, or on Wednesday before 12 PM must arrange for their own safety boat operator and confirm it with [sonja.lonne@rowingbc.ca](mailto:sonja.lonne@rowingbc.ca).

## **Flow Patterns**

Maps of the flow pattern for practice, warm up, 2000m racing, 500m racing and time trials are [available here](#). Please note that for crews familiar with Burnaby Lake, this IS NOT the regular club rowing flow pattern. Athletes and coaches should carefully review the maps before arrival.

## **\*NEW\* for 2018 – Course Enhancements**

Thanks to the City of Burnaby, Sport Tourism Burnaby and volunteers from the Burnaby Lake Rowing Club, significant weeding of the lake has been undertaken in 2018 allowing for a wider warm up lane. Athletes are still reminded to keep an eye out for other boats during the warm up. In addition, further work has been done on the start lighting system and athletes can expect to follow a FISA horn and light start protocol during 2000m racing.



## **Administration Information**

### **Team Managers/Coaches Meeting**

All team managers/coaches are expected to attend a meeting on Thursday, November 8<sup>th</sup> at 9 AM in the Burnaby Lake Pavilion. This will be an opportunity to review final regatta details from the Chief Umpire and to pick up the small gifts prepared for your athletes.

### **\*NEW\* for 2018 – Coach Appreciation Event**

Rowing BC would like to celebrate you – the coaches – with a Coach Appreciation Evening. Join us in the Laliqie Room at the Hilton Vancouver Metrotown on Friday, November 9<sup>th</sup> from 6:30-8:00 PM for some light snacks, cash bar, background music and a chance to network and mingle with other coaches from across the country. Please [sign up for your FREE ticket here](#) so we can plan the catering accordingly.

### **RCA High Performance/NextGen Meeting**

Rowing Canada Aviron invites those coaches working with high performance and/or NextGen athletes to join them for an info meeting in the Baccarat Room at the Hilton Vancouver Metrotown on Thursday, November 8<sup>th</sup> from 7:00-8:00 PM.

### **Canada Cup Regatta Gold Medal Standards**

As indicated in the [Technical Package for the Canada Cup Regatta](#), crews will be started on a stagger based on age adjusted Gold Medal Standard Time. The table below lists the staggers younger crews will receive:

| 2000 Meter Racing |     |     |     |     |        |
|-------------------|-----|-----|-----|-----|--------|
| Category          | U17 | U19 | U21 | U23 | Senior |
| Women's 8+        | -28 | -22 | -16 | -10 | 0      |
| Women's 4X        | -29 | -23 | -17 | -11 | 0      |
| Men's 8+          | -25 | -20 | -15 | -9  | 0      |
| Men's 4X          | -27 | -21 | -15 | -10 | 0      |
| 500 Meter Racing  |     |     |     |     |        |
| Category          | U17 | U19 | U21 | U23 | Senior |
| Women's 8+        | -7  | -6  | -4  | -3  | 0      |
| Women's 4X        | -7  | -6  | -4  | -3  | 0      |
| Men's 8+          | -6  | -5  | -4  | -2  | 0      |
| Men's 4X          | -7  | -5  | -4  | -3  | 0      |

### **Entries**

The deadline for all National Rowing Championship Regatta Entries has passed. Canada Cup entries have been extended to close Saturday, November 10<sup>th</sup> at 4:00 PM PST. Lineups for Canada Cup Regatta boats can be completed up until 12:00 PM PST on Sunday, November 11<sup>th</sup>. To save on the credit card processing fees, Rowing BC would prefer payments be made by cheque.



### **Crew Deadlines/Scratch Deadlines**

Crew changes (\$5 each) are to be made at the regatta office in writing by the designated team representative by 5 PM on Wednesday, November 7<sup>th</sup>. A fee of \$50 will be charged for each scratch and 'no show'. Scratch fees (\$50) are to be made at the regatta office in writing by the designated team representative at least one hour prior to the race in question. Medical scratches require a certificate handed to the regatta office in order to waive the scratch fee.

### **Name Change Fees**

The name change fee will be \$10 per competitor for all National Rowing Championship Regatta events. There will be no change fee for Canada Cup Regatta events.

### **Athlete Information:**

#### **Control Commission**

Boat access to the Control Commission tent will be via the Burnaby Lake Parking Lot. All competitors must store their equipment in the parking lot.

#### **ID Requirements**

Please note that photo ID is mandatory for athlete weigh-ins and dock access during racing. Acceptable ID will be any government issued document with a photo and date of birth. Copies of ID on electronic devices will not be acceptable; a clear photocopy of a passport will be acceptable. A photobook is being created to help streamline the process of athlete check-ins for races. For PRAs or clubs that would like to participate in this initiative please contact Sonja Lonne ([sonja.lonne@rowingbc.ca](mailto:sonja.lonne@rowingbc.ca)). Submissions must be complete by Friday, November 2, 2018. PRAs or clubs who choose not to participate in the photobook, or athletes who do not supply a photo, will be required to be checked in with government-issued photo ID at the control tent before each race.

#### **Athlete Weigh-Ins**

A test scale will be available in the weigh-in tent. Weigh-in time is 2 hours to 1 hour before a competitor's race. For Canada Cup events, the coxswain weigh-in window will be 2 hours to 1 hour before the first Canada Cup race rather than before individual race times.

#### **Boat Weighing**

Boats being used for racing at the National Rowing Championship Regatta will be subject to boat weight regulations. Guidelines from the FISA Rules of Racing and Related Bylaws, Bylaws to Rule 41 – Weights of Boats, will be used for the regattas. It is solely the responsibility of the crew that their boat meets the required minimum weight.

Scales accurate to the tenth of a kilogram will be available on-site for test weigh-ins as of Wednesday November 7<sup>th</sup> at 12 PM. There will be **limited boats weights available** on-site as well, but athletes and coaches are encouraged to source their own weights if required ahead of their arrival to the regatta site. A deposit of \$25 CASH is required for boat weights. This deposit can be paid and retrieved at the Regatta Office.



Crews that have raced in an underweight boat will be excluded from the regatta and their results will be listed as DISQUALIFIED (DQ).

There will be no boat weigh-ins for the Canada Cup Regatta.

### **2008 Olympic Team Reunion and VIP Event**

On Saturday, November 10<sup>th</sup> RCA National Team Alumni from the 2008 Olympics will be joining together for a reunion row starting at 12:30 PM followed by a sit-down lunch to watch the afternoon racing. Starting at 3 PM, RCA and Rowing BC VIPs are being invited to a VIP reception to enjoy an up-close view of the remainder of Saturday's racing. During this time, a portion of the pavilion will be sectioned off for the purpose of these events. Access to the concession and some pavilion spectator space will remain available.

### **\*NEW\* FOR 2018 – Production and Broadcasting**

The Organizing Committee is excited to announce that the 2018 National Rowing Championships and the Canada Cup Regatta will be produced and broadcasted live onto CBC's digital platform, as well as onto Rowing BC's Facebook page (@rowingbc). More details will be available closer to the event online.

The broadcast will include colour commentary from skilled sports commentators, on the dock interviews with race winners, and up-to-the-minute results. The broadcast will also be shown on TVs across the regatta site. In the coming days all registered athletes and coaches will be sent an email asking them to complete an on-line biography. Please take the time to complete your bio so that the broadcasters have as much information about you as possible.

Athletes are advised that the production team will be making use of a drone over racing for some footage.

### **\*NEW\* FORMAT FOR 2018 – Athlete Awards Banquet**

The Athlete Awards Banquet will be returning to the Hilton Vancouver Metrotown in Burnaby after the conclusion of the events on Sunday, November 11<sup>th</sup>. Tickets for competing athletes are included in the regatta entry fees. Tickets for coxswains, coaches and additional attendees are [available for purchase here](#).

|             |  |
|-------------|--|
| Reception:  | 5:30-6:00 PM                                 |
| Banquet:    | 6:00-9:00 PM                                 |
| Location:   | Crystal Ballroom, Hilton Vancouver Metrotown |
| Dress Code: | Cocktail                                     |

NEW FOR 2018 – all awards presentations will be included as part of the Awards Banquet. This is an important part of ensuring that athletes receive the recognition they deserve in front of their peers. All teams are encouraged to arrange travel plans in order to ensure attendance at the Athlete Awards Banquet.



## **Provincial Points System**

### **Points Distribution for Events With More than Ten Entries:**

Points will be awarded to the top 10 placing crews on a sliding scale. Points will only be awarded to athletes representing their provincial team.

#### Single

|             |           |
|-------------|-----------|
| 1st place - | 10 points |
| 2nd place - | 9 points  |
| 3rd place - | 8 points  |
| 4th place - | 7 points  |
| 5th place - | 6 points  |
| 6th place - | 5 points  |
| 7th place - | 4 points  |
| 8th place - | 3 points  |
| 9th place - | 2 points  |
| 10 place -  | 1 point   |

#### Pair

|                          |           |
|--------------------------|-----------|
| 1 <sup>st</sup> place -  | 20 points |
| 2 <sup>nd</sup> place -  | 18 points |
| 3 <sup>rd</sup> place -  | 16 points |
| 4 <sup>th</sup> place -  | 14 points |
| 5 <sup>th</sup> place -  | 12 points |
| 6 <sup>th</sup> place -  | 10 points |
| 7 <sup>th</sup> place -  | 8 points  |
| 8 <sup>th</sup> place -  | 6 points  |
| 9 <sup>th</sup> place -  | 4 points  |
| 10 <sup>th</sup> place - | 2 points  |

Points for composite pairs to be split equally to the provinces making the entry.

### **Points Distribution for Events With Fewer than Ten Entries:**

In events with less than 10 competitors, the points to be awarded from the “bottom up” vs the “top down”. Points are awarded based on an athlete’s placing and distributed relative to the overall depth of an event. For example, if there were 8 competitors, the winning boat would earn 7 points for their province, 2nd place 6 points, 3rd place 5 points and so forth.

#### Case of Athlete Winning Their Own Restricted Event and Open Category Event:

An athlete can earn points only in the event in which they are entered. For example, if entered the BW1x and win the W1x, then points are awarded only for the BW1x event. If an athlete/crew wins an event above their entered category, then the second place finisher in the event earns 9 points and the 3<sup>rd</sup> place finisher earns 8 points and so on down.

#### **Awards:**

Grand Champion – Shall be deemed the province with the greatest number of points

Efficiency - Is tabulated by dividing number of points earned by a province by the number of athletes the province registered for the regatta.

## **Thank you!**

See you in Burnaby soon!