

Canada Summer Games Selection Camp Elk Lake, BC June 17-19, 2022

As outlined in the <u>Team BC Selection Criteria and General Information</u> document, published in February 2022, Rowing BC will host its Canada Summer Games Selection Camp from June 17 – 19, 2022, at Elk Lake in Saanich, British Columbia. Athletes will have already been notified of their invitation to attend the camp. This document outlines the roles and responsibilities of Rowing BC Coaches and Staff, and describes expected camp activities.

Selection Committee

Rowing BC's Team BC selection will be fair and free from bias. Rowing BC has established a selection committee for the Team BC Canada Summer Games selection process, with athlete performance and athlete welfare as key priorities for the committee. The committee is designed as an independent third party that is responsible for oversight of the selection camp, as well as reviewing and approving final selection decisions.

Selection Committee:

- Howard Campbell, High Performance Coach
- Scott Parfitt, Rowing BC Vice-President (or alternate Rowing BC representative)
- Jennifer Walinga, Olympian and RCA Director

Canada Summer Games Coaches and Staff

Rowing BC has engaged key members of our rowing community to lead Team BC through the Canada Summer Games and to support athletes to achieve their performance goals.

Coaching Staff

Men's Sweep: Aalbert Van Schothorst

Women's Sweep: Stacy MitchellMen's and Women's Sculling: Katie Steenman

Support Staff

Team Manager: Julie StevensAssistant Team Manager: Izzy Edey

Area of Responsibility

- Athlete support throughout the selection camp
- Athlete feedback to improve future performance outcomes
- Provide equipment that meets athlete needs
- Execute a safe and fair selection camp
- Collect data to base selection decisions from



Selection Process

Rower Selection

Rowers will be selected to Team BC following the selection process outlined by athlete group in Appendixes 1-4.

Weigh-in for Lightweight Rowers

Athlete weigh-ins for men will be at **7:15 AM on Saturday June 18, 2022** only. Maximum weight for men at weigh-in is 72.5kg. Athlete weigh-in for women is at **7:15AM on Sunday June 19, 2022** only. Maximum weight for women at weigh-in is 59.9kg. The weigh-in location will be in the Spracklen Room, located upstairs at the Elk Lake Boathouse.

Coxswains Selection and Weigh-in

Coxswains are required to attend the entire selection camp (see Appendix 5 for Coxswain Schedule) and will assist coaches to organize and execute the selection camp. Invited coxswains will be selected to the team by the Selection Committee based on the following criteria:

- Athlete and coach input on ability
- Past race experience and results
- Compatibility with athletes in selected crews
- Ability to follow direction from coach

Coxswains will be expected to weigh-in at **11 AM on Sunday June 19, 2022** only. The minimum weight for male coxswains at the Canada Summer Games is 55kg, therefore at weigh-in male coxswains must be between 53kg and 57kg. The minimum weight for female coxswains at the Canada Summer Games is 50kg, therefore at weigh-in female coxswains must be between 48kg and 52kg.

Equipment

Rowing BC will work to ensure that equipment will be supplied at the venue. There may be a need for some athletes to support the camp by bringing their own equipment. If this is the case, Team BC Coaches and Staff will make requests with ample notice.

Nomination to Team BC

The Selection Committee will continually meet throughout the selection camp to ensure that decisions are made with adequate data. If deemed necessary, the Selection Committee can request additional trials outside of the stated selection process.

Team announcements will be made on or by **June 30, 2022**. Athletes will be notified via email. Rowing BC will publish the full Team BC roster on July 4, 2022.

Crew Line-Ups

Once Team BC athletes have been selected to participate in the 2022 Canada Summer Games, the final line-ups for the regatta will be determined by the coaching staff during the pre-games camp in Welland, ON. Athletes may be required to move into another boat category if deemed necessary by the coaching staff.



Selection Decision Appeals

Appeals to selection decisions must be submitted in accordance with the Rowing BC Appeal Policy (see page 41 of the Rowing BC Safe Sport Policy Manual). Due to timing constraints, Team BC Rowers and Coxswains are required to submit their appeal by midnight on June 25, 2022. This deadline contravenes the fifteen (15) day timeline afforded by the Appeal Policy but is necessary for trip planning purposes.

Special Circumstance:

(1) Royal Henley Regatta

Rowing BC has granted *Special Circumstance* status to all qualified UBC athletes traveling to the UK to compete in the Royal Henley Regatta. Due to the dates of the UK trip these athletes are unable to attend the Canada Summer Games Selection Camp. Final selection decisions concerning these UBC athletes will be based on the pre-camp ranking (see Appendix 5 and 6) and data collected during the Selection Camp. Coxswains are not included in the ranking.

(2) NextGen Athletes involved in Rowing Canada Aviron Selection

Athletes involved in the Rowing Canada Aviron (RCA) NextGen selection process remain eligible to be selected to Team BC for the Canada Summer Games, regardless of their attendance at the Rowing BC Canada Summer Games Selection Camp on June 17 – 19, 2022. RCA NextGen selection decisions are scheduled to be announced on June 28, 2022, providing these athletes a limited window to be included in Team BC selection.

Rowing BC's Selection Committee will consult with Team BC Coaches to make final decisions on the inclusion of RCA NextGen athletes before the final team is announced on June 30, 2022.

(3) Other Special Circumstances

If, because of injury, illness, prohibitive causes or exceptional circumstances, an athlete is unable to meet any of the requirements in the selection procedure, that athlete may still be considered for selection to Team BC at the 2022 Canada Summer Games. The athlete must advise Team BC Coaches, **in writing**, of such injury, illness, causes or circumstances as soon as possible and obtain permission to defer the relevant requirement in the selection procedure. The coaching staff also reserves the right to request written documentation from a licensed medical practitioner confirming an illness or injury.



APPENDIX 1: Men's Open Weight Sweep Selection Process

Schedule Overview

Friday, June 17, 2022

- Athlete meeting held at Elk Lake at 5pm.
- Rigging and Boat setup to follow the athlete meeting.

Saturday, June 18, 2022

- Arrival time of 8am.
- Morning crew boat session.
- Afternoon crew boat session.

Sunday, June 19, 2022

- Arrival time TBD.
- Morning matrix (2-).

Note(s):

 An athlete may be asked to move to the sculling program if it's deemed necessary by the coaching staff at any time during the selection camp, pending approval by the selection committee.



APPENDIX 2: Women's Open Weight Sweep, Sculling and
LTW Sculling Selection Process

Schedule Overview

Friday, June 17, 2022

- Athlete meeting held at Elk Lake at 5pm.
- Rigging and Boat setup to follow the athlete meeting.

Saturday, June 18, 2022

- Arrival time of 8am.
- Morning Matrix (2-) Round 1 with all women.

Sunday, June 19, 2022

- Arrival Time of 8am.
- Morning matrix (2X) Round 2 with all women.
- Afternoon crew session (fours or eights).

Note(s):

- Weigh-in will be at 7:15 am on Sunday June 19, 2022 for those athletes trialing for the LWT 2X.
 - An athlete may be asked to move to the sweep program if it's deemed necessary by the coaching staff at any time during the selection camp, pending approval from the selection committee.
- An athlete may be asked to move to the sculling program if it's deemed necessary by the
 coaching staff at any time during the selection camp, pending approval from the selection
 committee.



APPENDIX 3: Men's LTW Sculling Selection Process

Schedule Overview

Friday, June 17, 2022

- Athlete meeting held at Elk Lake at 5pm.
- Rigging and Boat setup to follow the athlete meeting.

Saturday, June 18, 2022

- Arrival time of 7am.
- Weigh in at 7:15am.
- Morning Time Trial (1X).
- Afternoon Matrix (2X).

Sunday, June 19, 2022

- Arrival time of 11am.
- Afternoon crew session (fours or eights).

Note(s):

- Weigh in will be at 7:15 am on Saturday June 18, 2022 for athletes trialing for the LWT M2X.
- An athlete may be asked to move to the sweep program if it's deemed necessary by the
 coaching staff at any time during the selection camp, pending approval from the selection
 committee.



APPENDIX 4: Men's Open Weight Sculling Selection Process

Schedule Overview

Friday, June 17, 2022

- Athlete meeting held at Elk Lake at 5pm.
- Rigging and Boat setup to follow the athlete meeting.

Saturday, June 18th

- Arrival time of 8am.
- Morning time trials (1X).

Sunday, June 19th Men's Sweep

- Arrival time TBD.
- Morning matrix (2X).
- Afternoon crew session (fours or eights).

Note(s):

 An athlete may be asked to move to the sculling program if it's deemed necessary by the coaching staff at any time during the selection camp, pending approval from the selection committee.



APPENDIX 5: Men's Pre-Camp Athlete Ranking

Athletes have been ranked based on relevant performance information, as listed in the Canada Summer Games Selection Document. RCA Trials Prognostic % is an indicator of the likelihood of a good performance at Canada Summer Games.

	Name	Erg	RCA Trials %	Category
1	Connor Attridge	6:06.2	91.13	sweep
2	Owen Marcovitz	6:12.0	89.61	sweep
3	Ellington Peacock (JR)	6:31	89.61	sweep
4	Jesse Harold	6:15	89.55	sweep
5	Aidan Della Siega	5:56.8	88.23	sweep
6	Alex Gonin	6:11.3	-	sweep
7	Sam Harris	6:18.9	-	sweep
8	Alexander Migus	6:15.6	Exemption	sweep
1	William Simpson	6:13.7	90.91	sculling/sweep
2	Gunnar Platt (JR)	6:25.3	90.71	sculling
3	Liam Hodgins	6:16.0	88.84	sculling/sweep
4	Quinn Storey	6:14.7	88.63	sculling/sweep
5	Maijken Meindertsma	6:15.0	87.06	sculling
6	Hunter Sowle	6:28.6	86.18	sculling/sweep
1	Giancarlo DiPompeo	6:17.5	90.63	sculling LWT
2	Matthew Thompson	6:30.0	82.22	sculling LWT
3	Frank Luo	6:31.4	Exemption	sculling LWT
4	Michael Keane	-	Exemption	sculling LWT



APPENDIX 6: Women's Pre-Camp Athlete Ranking

Athletes have been ranked based on relevant performance information, as listed in the Canada Summer Games Selection Document. RCA Trials Prognostic % is an indicator of the likelihood of a good performance at Canada Summer Games.

	Name	Erg	RCA Trials %	Category
1	Ellie Sousa	7:09	89.83	sweep
2	Sally Jones	7:13.8	89.83	sweep
3	Sophia Regosa (JR)	7.54.4	89.19	sweep
4	Caitlin Lawrence	7:13.6	88.11	sweep
5	Lyndsey Bryden	7:13.3	87.83	sweep
6	Stella Fraser	7:52	87.83	sweep
7	Claire Hallett	Exemption	87.25	sweep
8	Arden E Ross (JR)	7:11.2	87.2	sweep
9	Danica Ariano	7:16.6	86.4	sweep
10	Ella Stemler	7:25	86.4	sweep
11	Grace Epp	7:08.6	Exemption	sweep
1	Meghan Camplin	7:35	88.5	sculling/sweep
2	Elisa Luo	7:09	Exemption	sculling/sweep
3	Natalya Ariano	7:17	Exemption	sculling
1	Ehren Paterson	7:40	88.94	sculling LWT
2	Charisse (Sai Sai) Faubert	7:39	86.58	sculling LWT
3	Cheyenne Sawchuk	8:02	85.51	sculling LWT



APPENDIX 5: Coxswain Schedule

Schedule Overview

Friday, June 17, 2022

- Athlete meeting held at Elk Lake at 5pm.
- Support athletes in rigging and boat setup to follow the athlete meeting.

Saturday, June 18, 2022

- Arrival Time of 8am.
- Morning assist coaching or crew boat session.
- Afternoon assist coaches or crew boat session.

Sunday, June 19, 2022

- Arrival time TBD.
- Morning assist coaches.
- Afternoon crew boat session.