

## INTRODUCTION

This annual report celebrates the accomplishments of Rowing BC during the past year. The report is focused on the 2023 calendar year, while the membership data is presented based on the fiscal year of April 1, 2022-March 31, 2023. In combination with the 2023 Annual General Meeting Package materials, this report is designed to inform Rowing BC's key stakeholders on outcomes achieved and upcoming priorities.

## TABLE OF CONTENTS

Rowing BC 2023 Annual Report

ntroduction	
Membership Demographics	3-
Diversity, Equity and Inclusion	,
Para Rowing	
Northern/Interior Project	
Development Camps	11
Coach Development	1
Umpires	12-13
Regattas	1
Rowing BC Provincial Championships	15-1
Performance Athlete Support	1
Team BC at National Rowing Championships	18-19
BC Representation on National Teams	21
Member Organizations	2
Rowing BC Staff and Board	2

FROM APRIL 1, 2022-MARCH 31, 2023 A TOTAL OF

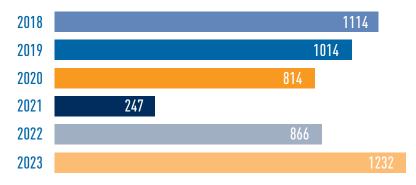
## 3599 (3174 IN 2021-2022) PARTICIPANTS WERE ROWING IN BRITISH COLUMBIA.

THESE PARTICIPANTS ARE REGISTERED AT ONE OF ROWING BC'S 39 MEMBER ORGANIZATIONS.



#### PARTICIPANTS IN A LABELLED LEARN TO ROW OR NOVICE PROGRAM

#### Year ending March:

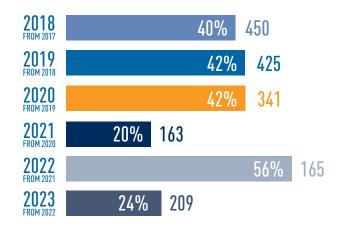


\*Participants can only be included in this analysis if the organization they register with specifically labels learn to row and novice programs in RCA WebReg. Some organizations have made changes to how they label programs in RCA WebReg that likely influenced the records for the year ending March 2020 and onwards.

## RETENTION OF LEARN TO ROW AND NOVICE PROGRAM PARTICIPANTS

LEARN TO ROW OR NOVICE PROGRAM PARTICIPANTS
WHO CONTINUED ROWING THE FOLLOWING YEAR

Year ending March:



#### AGE DEMOGRAPHICS

1132 (**31.5%**) OF PARTICIPANTS ARE UNDER THE AGE OF 19, AND 2467 (**68.5%**) ARE 19 YEARS OF AGE OR OLDER.

19+ **68.5%** 

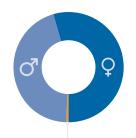


**31.5%** UNDER 19

#### GENDER DEMOGRAPHICS

1975 (**54.9%**) **FEMALE** 1505 (**41.8%**) **MALE** 14 (**0.3%**) **NON-BINARY** 105 (**3%**) PREFER **NOT TO DISCLOSE** 

**41.8%** MALE



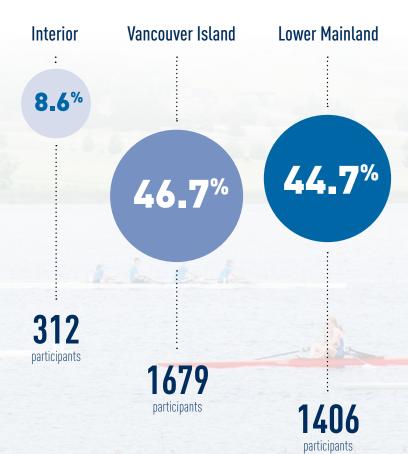
FEMALE **54.9%** 

**0.3%** NON-BINARY **3%** PREFER NOT TO DISCOLSE

GEOGRAPHICAL DISTRIBUTION

#### **PERCENT & NUMBER OF PARTICIPANTS**

**44.7%** (1608) OF PARTICIPANTS ARE LOCATED ON THE LOWER MAINLAND **46.7%** (1679) OF PARTICIPANTS ARE LOCATED ON VANCOUVER ISLAND **8.6%** (213) OF PARTICIPANTS ARE LOCATED IN THE INTERIOR OF BC





# LOCATIONS HAD GROW ROWING PROGRAMS RUNNING IN FALL 2022 AND/OR SPRING 2023 WITH FINANCIAL SUPPORT THROUGH RCA'S COMMUNITY SPORT FOR ALL GRANT

Burnaby Lake Rowing Club
False Creek Rowing Club
Fort Langley Community Rowing Club
Gorge Narrows Rowing Club
Inlet Rowing Club
Maple Bay Rowing Club
Nanaimo Rowing Club
Nelson Rowing Club
Nicomekl Rowing Club
Rockies Rowing Club

WITH THE FINANCIAL SUPPORT OF THE CANADIAN RECREATION AND PARKS ASSOCIATION REACHING EACH AND EVERY ONE GRANT, ROWING BC PARTNERED WITH 7 LOCATIONS TO HOST ADDITIONAL GROW ROWING PROGRAMMING IN SPRING AND SUMMER 2023.

Burnaby Lake Rowing Club
Deep Cove Rowing Club
False Creek Rowing Club
Inlet Rowing Club
Kelowna Rowing Club
Nanaimo Rowing Club
Shuswap Rowing and Paddling Association

## THESE PROGRAMS WORKED ALONGSIDE **9 NON-ROWING PARTNER ORGANIZATIONS**TO CREATE CUSTOM-DESIGNED PROGRAMS FOR **EQUITY-DESERVING PARTICIPANTS**

Big Brothers
Big Sisters
Canucks Autism Network
Colour the Trails
MOSAIC
Pinetree Secondary School's Newcomer Group
Skwlax, Neskonlith, and Adams Lake Bands

These programs created spaces for **276 participants** as well as **30 support staff** from non-rowing partner organizations to engage in rowing for the first time!

PARA ROWING

AT LEAST

## 15 PARA ROWERS

**ACTIVELY PARTICIPATING IN BC** 

## 10 LOCAL ROWING ORGANIZATIONS

**OFFERING PARA PROGRAMS** 

training camp offered by Rowing BC, attended by **5 ATHLETES** and **5** 



## NORTHERN/INTERIOR PROJECT

THANKS TO FINANCIAL SUPPORT FROM **VIASPORT BC** AND THE PROVINCE OF BC, Rowing BC was able to deliver a series of special initiatives across the Northern and Interior regions of BC in Spring and Summer 2023.

- TOKYO OLYMPIC GOLD MEDALIST, ANDREA PROSKE, visiting Vernon and Salmon Arm for in-person interactions with new Junior and Masters rowers at 2 local rowing organizations, as well as sharing her involvement in rowing at 1 local high school and during 1 community sport festival. Andrea's visit impacted over 100 individuals in the community.
- **TRAVEL TO 5 COMMUNITIES TO HOST COME TRY EVENTS**where there are locals with a specific interest in beginning a future rowing organization.
  - **PRINCE GEORGE**
  - **PENTICTON**
  - **OCHRISTINA LAKE**
  - GRAND FORKS
  - **9** 100 MILE

These *Come Try* events showcased rowing to

149
NEW PARTICIPANTS

**2 DEVELOPMENT CAMPS** 

were hosted in the region, attracting a total of

38
PARTICIPANTS



## DEVELOPMENT CAMPS

## **ROWING BC HOSTED**

6 DEVELOPMENT CAMPS across 3 locations (Richmond, Vernon, Victoria)



4 JUNIOR DEVELOPMENT CAMPS ATTENDED BY 75 ATHLETES



1 MASTERS DEVELOPMENT CAMP ATTENDED BY 23 ATHLETES



1 PARA DEVELOPMENT CAMP ATTENDED BY **5 ATHLETES** 



## COACH DEVELOPMENT

## 4 NCCP

**WORKSHOPS** HELD

3 WERE VIRTUAL
1 IN PERSON



**157 ACTIVE COACHES** REGISTERED IN BC

30/

developing coaches in attendance

\*\*\*\*\*

# 18 BC COACHES BECAME CERTIFIED

## **46 COACHES**

made use of **7** additional special development opportunities offered,

including 2 COMMUNITY COACH WEBINARS, 3 PERFORMANCE COACH WEBINARS, 1 IN-PERSON RIGGING SESSIONS AND 1 IN-PERSON TRAILER DRIVING AND COURSE INSTALLATION SESSIONS

18 MENTORSHIPS OFFERED VIA COACH EVALUATIONS

## **UMPIRES**



**18 ASSOCIATE UMPIRES** 

**33 LEVEL 2 LICENSED** UMPIRES

**3 ASSOCIATE CHIEF UMPIRES** 

**17 LEVEL 3 CHIEF UMPIRES** 

**4 LEVEL 4** CLINICIANS

4 LEVEL 5 FISA UMPIRES



## **UMPIRES**

## 27 PARTICIPANTS

ATTENDED THE ROWING BC ANNUAL UMPIRE SEMINAR HELD IN-PERSON DURING THE ROWING BC AGM AND CONFERENCE WEEKEND IN NOVEMBER 2022.







**REGATTAS** COMPLETED OVER **49 DAYS OF RACING** IN THE 2023 SEASON

COASTAL ROWING REGATTAS HOSTED

2 INDOOR ROWING REGATTAS HOSTED

2 NATIONAL REGATTAS HOSTED



## ROWING BC PROVINCIAL CHAMPIONSHIPS REGATTA BC CHAMPIONS

#### U17 Men

1x VCRC Declan Blue

2x Thunder Bennet Maijer, Christopher Tountes

4x Thunder Bennett Maijer, Christopher Tountas, Alex Whitstock, Thomas Bird

#### U19 Men

1x Vernon Jonas Masys

2x Thunder Henry Sowle, Tomoki McMartin

4x Thunder Henry Sowle, Tomoki McMartin, Owen Kazimirinski, Nathaniel Morden

2- Thunder Will Borritt, Liam Muir

4- BCNGPC Alex Joiner, Connor Dillon, Quinn McCoy, James Gemill

#### Open Men

1x BCNGPC Shane Willis

Lwt 1x UVic Oliver Batek

**2x UVic** Matthew Thompson, Oliver Batek

Lwt 2x UVic Matthew Thompson, Oliver Batek

4x BCNGPC Shane WIllis, Quinn McCoy, Connor Dillon, Gunnar Platt

**2- UVic** Jesse Harold, Michael Caryk

4- UVic Connor Attridge, Michael Caryk, Victor Lafebvre, Jesse Harold,

**8+ UBC** Sam Harris, Aiden Della Siega, Cameron Spence, Theodore Morden, Benjamin Bucheit, Maijken Mindertsma, Robin Naval, Paul Petzel, Edward Lalonde



## ROWING BC PROVINCIAL CHAMPIONSHIPS REGATTA BC CHAMPIONS

#### U17 Women

1x Shushwap Aida Mills

2x Thunder Aidriana Hartnell, Charlotte MacGowan

4x Kelowna / Vernon / Shuswap Aida MIlls, Hiedi Miege, Kiersten Bereksa, Sienna Munro

#### U19 Women

1x Shuswap Alda Mills

2x Thunder Claudia Thompson, Marese Fletcher

4x Thunder Emily Frank, Marese Fletcher, Claudia Thomson, Georgia Rian Shaw

2- Thunder Emily Frank, Georgia Rain Shaw

#### **Open Women**

1x BCNGPC Claire Brillon

2x UBC Laura Stankiewicz, Jackie Blunt

4x Delta Deas Willa Pepin, Elisa Luo, Harriett Ure, Ciana Stevenson

2- UVIC Nicole Cusak, Abbey Speirs

4- UVIC Danica Ariano, Nicole Cusak, Natalya Ariano, Ella Stemler

W8+ UVIC Danica Ariano, Abby Speirs, Nicole Cusack, Kaliya Javra,

Natalya Ariano, Ella Stemler, Paige Letham, Margaret Hemphill, Sofie Hof

This event was made possible thanks to financial support from viaSport BC, the Province of BC, and Sport Tourism Burnaby. Thank you to the Burnaby Lake Rowing Club for providing the venue for this event, and to the following individuals who played critical roles on the Local Organizing Committee:

Rowing BC Staff
Sue Danne (Volunteer Coordinator)
Andrea Lynch (Safety Coordinator)
Bas Rijniersce (Timing and Results Coordinator)

Mike Bagshawe (Chief Umpire)
Sandra Franke (Hospitality Coordinator)
Michael Rascher (Timing and Results Coordinator)



## PERFORMANCE ATHLETE SUPPORT

# 76 ATHLETES & CSI TARGETED ATHLETE LIST FROM ROWING BC

PODIUM & ELITE (NATIONAL TRAINING CENTRE) ATHLETES

22 CANADIAN DEVELOPMENT ATHLETES (GOLD)



PROVINCIAL LEVEL 1
ATHLETES (SILVER)



27 PROVINCIAL LEVEL 2 ATHLETES (BRONZE)



ROWING BC'S NEXTGEN PERFORMANCE CENTRE AT ELK LAKE PROVIDED TRAINING FOR 19 CENTRALIZED ATHLETES AND 6 REGIONAL ATHLETES.



## TEAM BC at NATIONAL ROWING CHAMPIONSHIPS

#### **Athlete Name**

Christa Akins **Connor Attridge** Oliver Batek **Piper Battersby** Julian Black Teagan Blue Declan Blue Lyndsey Bryden Mira Calder Katie Clark Joel Cullen Nicole Cusack Aidan Della Siega Giancarlo DiPompeo Kirsten Edwards Sai Sai Faubert Caileigh Filmer **Claire Hallett Lucy Hallett** Jesse Harold Sally Jones

Michael Keane

Liam Keane

Rowing BC

#### Coach Club

VCRC Alec Stapff UVIC Aalbert Van Schothorst UVIC Aalbert Van Schothorst RCA Carol Love UBC Mike Pearce **VCRC** Katie Bahain Steenman **VCRC** Alec Stapff UBC Craig Pond **VCRC** David Calder UBC Craig Pond RCA Mike Pearce UVIC Jane Gumley UBC Mike Pearce UVIC Aalbert Van Schothorst RCA Carol Love UVIC Jane Gumlev Dane Lawson RCA **UBC** Craig Pond **VCRC** Sierra Inglis UVIC Aalbert Van Schothorst

Craig Pond

Scott Anderson

Maksym Kepskyy

Annual Report

UBC

Columbia

RCA

## TEAM BC at NATIONAL ROWING CHAMPIONSHIPS



#### Club

**VCRC** VRC Vernon Claremont UBC Shuswap **UBC UBC** UVIC Brentwood UBC RCA UVIC RCA

UVIC Jane Gumley UVIC UVIC RCA RCA UBC

#### Coach

Robert Warmington Kylie Whitcomb Glen Stiven Greg Sedun Mike Pearce David Miege Mike Pearce Mike Pearce Jane Gumley David Calder Mike Pearce Carol Love Aalbert Van Schothorst

> Jane Gumley Aalbert Van Schothorst Maksym Kepskyy Carol Love Mke Pearce

John Wetstein

## BC REPRESENTATION ON NATIONAL TEAMS

#### JUNIOR NATIONAL TEAM

Connor Bohlmann, Vancouver College
Novella Rusman, Brentwood College School
Peter Scaccabarozzi, Vancouver College

#### U23 NATIONAL TEAM

Julian Black, University of British Columbia
Lyndsey Bryden, University of British Columbia
Mira Calder, Victoria City Rowing Club
Axel Ewashko, University of British Columbia
Sally Jones, Victoria City Rowing Club/University
of British Columbia

**Michael Keane,** Victoria City Rowing Club/University of British Columbia

**Ellie Sousa,** Victoria City Rowing Club/University of Victoria

Julien Wiese, University of British Columbia

#### CANAMMEX

Connor Dillon, Claremont Sport Institute
Anya Prokopchuk, Brentwood College School
Eryn Wale, Victoria City Rowing Club

#### WORLD ROWING BEACH SPRINT FINALS

Manager/Coach Michelle Boss, OARCA Coastal Rowing

#### WORLD BEACH GAMES

Julien Bahain, OARCA Coastal Rowing Trish Mara, Victoria City Rowing Club Team Leader Michelle Boss, OARCA Coastal Rowing

#### SENIOR NATIONAL TEAM

Piper Battersby, Victoria City Rowing Club
Katie Clark, University of British Columbia
Alexis Cronk, University of Victoria
Joel Cullen, University of British Columbia
Kirsten Edwards, University of Victoria
Caileigh Filmer, University of Victoria
Liam Keane, Victoria City Rowing Club
Kristen Kit, University of British Columbia
Sydney Payne, Brentwood College
Jessica Sevick, University of British Columbia
Liam Smit, University of British Columbia
Avalon Wasteneys, University of Victoria
Rebecca Zimmerman, University of Victoria

## **MEMBER ORGANIZATIONS**

Brentwood College School

**Burnaby Lake Rowing Club** 

Cascadia Regatta Association

**Claremont Sports Institute Rowing Academy** 

**Deep Cove Rowing Club** 

**Delta Deas Rowing Club** 

**Delta Tideway Sculling Association** 

False Creek Rowing Club

Fort Langley Community Rowing Club

Fort Langley Youth Rowing Society

Fraser Valley Rowing Club

Gorge Narrows Rowing Club

**Greater Victoria Youth Rowing Society** 

**Inlet Rowing Club** 

Kamloops Rowing Club

Kelowna Rowing Club

Lake Windermere Rowing Club

Lillooet Rowing Club

Maple Bay Rowing Club

Nanaimo Rowing Club

**Nelson Rowing Club** 

Nicomekl Rowing Club

**OARCA Coastal Rowing** 

**Rockies Rowing Club** 

Salish Sea Coastal Rowing Club

Salt Spring Island Rowing Club

Shawnigan Lake Rowing Club

Shuswap Association for Rowing & Paddling

Simon Fraser University Rowing Club

St. George's School

St. Michaels University School

**Thunder Rowing** 

University of British Columbia Rowing

University of Fraser Valley Rowing

University of Victoria Rowing Club

Vancouver College Rowing

Vancouver Rowing Club

Vernon Rowing and Dragon Boat Club

Victoria City Rowing Club



### ROWING BC

#### ROWING BC BOARD OF DIRECTORS

Stacy Mitchell, Past-President
Steve van Knotsenburg, Vice President
Ingrid Vanderslice, Secretary
Derek Page, Treasurer
Arthur Grant, Director
York Langerfeld, Director
Aaron Lattimer, Director
Brendan le Noble, Director
Meghan Montgomery, Director

#### **ROWING BC STAFF**

Michelle Boss, Manager of Programs
and Communications

Laura Kirk, Summer Student

Sonja Lonne, Director of Membership
and Community Development

Terry Paul, Director of Performance
Lisa Tschannen, Manager of Education,
Innovation and Inclusion

Alia Zawacki, Executive Director

#### **OPERATING COMMITTEES**

#### **Coastal Rowing Committee**

Janice Mason, David Miege, Annette O'Shea, Katie Steenman, Marla Weston

#### Diversity, Equity and Inclusion Committee

Kiana Bonamin, Hande Gurses, La Vern Richards, Roberta Rodgers

#### **Interior Development Committee**

Janine Chan, Robin Hotchkiss, Leslie Manders, David Miege, Roberta Rodgers, Kim Shea, Glen Stiven

#### Para Rowing Task Force

Drew Edwards, Meghan Montgomery, Leanne Savage

#### Regatta Committee

Rick McDougall, Ge-an Rijniersce, Lauren Wilkinson

#### **Umpire Committee**

Sheree Moffatt, Tim Henderson, Ge-an Rijniersce, Margaret Shorter, Gordon Sund





rowingbc.ca