

# Rowing Technical Package

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

[Click here to review BC Games General Rules.](#) [Click here to view the technical package for another sport.](#)

Technical Package for **Rowing**

last updated: **June 6, 2023**

*Be sure to check back for updates.*

## **Venue:**

Burnaby Lake Rowing Pavilion

## **Age:**

Under 17; Under 19

## **Age Description:**

Under 17 years of age as of December 31, 2024. Athletes must be born in 2006 or later. Under 19 years of age as of December 31, 2024. Athletes must be born in 2004 or later.

## **Zone Team Composition:**

Each Zone may enter two teams—one U17 team and one U19 team—comprising of seven (7) athletes plus wildcards (see Wildcards section for more information). Athletes may only compete in either the U17 or the U19 age category.

Where a zone cannot bring equal numbers of athletes of each gender, the zone may request permission of the Provincial Advisor to bring more athletes of one gender. Zones are expected to bring both male and female athletes. Athletes are able to participate in the gender with which they identify.

**Wildcards:**

32 wildcard spots (no more than 24 of one gender). Wildcard spots will be assigned by the Provincial Advisor.

While zone teams are capped at eight (8) athletes in the U17 age group and four (4) athletes in the U19 age group, the total number of athletes for the sport cannot exceed 88. Zone teams are comprised of up to four (4) core athletes (2 male and 2 female) from the zone. Zones may also bring up to three (3) wildcard athletes (no more than 2 of one gender) in the U17 category. Zones that can fill all seven of these allocated spots in the U17 category can request an additional wildcard spot. If there are unused wildcard spots the Provincial Advisor may assign additional wildcard spots to some zones. It is the discretion of the Provincial Advisor as to which zones are allocated additional wildcard spots

**Maximum Athletes:**

88

**Coaches:**

*(See [BC Games General Rules](#) for information about the “adult supervisor” role)*

Up to two (2) head coaches and one (1) assistant coach per zone. Zones must have one head coach for the U17 team and one head coach for the U19 team. If there is an additional member of the zone coaching staff, they must be registered as an assistant coach. There must be one male coach and one female coach for each zone.

*Every zone must name a head coach and at least one assistant coach (exception: sports for athletes with a disability, which must have one head coach and at least one assistant coach for the sport). If additional adults are named for the zone (or sport) and they meet the certification requirements of assistant coaches, they should be registered with the role “assistant coach”, otherwise they are registered with the role “adult supervisor”. See [BC Games General Rules](#) for more information.*

**Officials:**

*The number of Officials the sport is permitted to register as participants)*

12

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. [See BC Games General Rules](#) for more information.*

## **Athlete Eligibility:**

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2022 BC Summer Games.*

Athletes may compete within either of two distinct age categories, Under 17 or Under 19, but not both.

Every competitor shall be a member of a rowing club recognized by Rowing BC and member in good standing of Rowing Canada Aviron (RCA). Each athlete must be registered as a competitive rower with RCA, and each coach registered as a coach. A RCA number will be required and verified.

Athletes who have participated in rowing in a Canadian National Senior, U23, Junior, or CanAmMex Team, or Canada Summer Games, or Provincial Team at any time are not eligible to compete in the BC Summer Games.

Athletes may attend only one BC Games in rowing as U17 and one BC Games as U19. U17 athletes are eligible to compete at the following BC Games in the U19 category. Athletes who elect to compete as U19 are not eligible to compete in another BC Games. Athletes may not attend more than two BC Summer Games to compete in Rowing.

## **Coaching Eligibility:**

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games. See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

All Head Coaches must be a minimum of RCA Coach (Competition Introduction) certified. Assistant Coaches must be a minimum of RCA LTR Instructor trained. All coaches must have completed the Make Ethical Decisions online evaluation and must be registered as a coach with RCA. Adult supervisors are required to have completed Safe Sport Training.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package – [click here for details](#). BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package – [click here](#)*

*for details. A minimum of Safe Sport Training is required for all adult supervisors – [more information can be found here](#).*

## **Events Categories:**

### **Under 17**

- Male 1X
- Female 1X
- Male 2X
- Female 2X
- Mixed 4X

### **Under 19**

- Male 2-
- Female 2-
- Mixed 4X

Each zone may submit a team comprising of up to 8 athletes. Two (2) male and two (2) female single scullers (1X) and one (1) male double scull (2X) and one (1) female double scull (2x). Due to race scheduling, the 2X crews may not race in the 1X events, and the 1X crews may not race in the 2X events.

Each zone may submit a team comprising of up to 4 athletes. One (1) male coxless pair (2-) and one (1) female coxless pair (2-). Exceptions may be made due to injury.

Each zone may submit up to two (2) Mix4X in the U17 category and one (1) Mix4X in the U19 Category. Crews for the Mix4X may be made of any two (2) female and two (2) male athletes from within each age category in a zone team.

U17 events will be held over 1000m. U19 events will be held over 2000m depending on venue constraints. There will be a separate 500m event for the Mix4X. Races will be conducted under the current RCA Rules of Racing.

**Equipment:**

Racing equipment (1x, 2x, 4x) will be provided by each Zone. Zones may apply for financial support for transporting boats to and from the Games. Rowing BC will support resourcing equipment as required. Information regarding equipment transportation will be posted on the Rowing BC website.

**Zone Selections and Registration Deadline:**

Please refer to the BC Games General Rules for the registration deadline set by the BC Games Society. The BC Games deadline is in effect unless an earlier date is set by the Provincial Sport Organization is specified in this technical package. See BC Games General Rules for registration procedures.

Zone qualification event(s) must be completed by June 17, 2024.

**Accommodation and Transportation:**

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

It is the BC Games Society policy that all participants under 19 are required to stay in Games accommodation, regardless of where they reside, and that at least one adult of each gender must stay in Games accommodation in a supervisory capacity.

**Medals:**

Medals will be awarded within the parameters of the BC Games Society [Medals Rule](#).

**Fees:**

*See the BC Games General Rules for current BC Games registration fees. Note that fees are assessed for athletes only (coaches, adult supervisors, and officials do not pay this fee). Sports may assess additional fees to cover training, uniforms, qualification event(s), etc. Please contact your Provincial Advisor or the PSO for more details. Fees are collected by the sport and paid to the BC Games Society upon invoice after the Games.*

The BC Games athlete fee for the 2024 BC Summer Games is \$175.00. Rowing BC charges athletes a supplementary fee of \$225.00. The total athlete fee to compete in Rowing at the 2024 BC Summer Games is \$400.00 and is collected by Rowing BC.