



Rowing BC Provincial Championships Regatta Package (v2)

July 12-14, 2024

[Burnaby Lake, BC](#)

Burnaby Lake is located on the Burnaby is located on the ancestral, and unceded territory of the hənqəmiñərn̓ and Skwxwú7mesh speaking peoples.

Local Organizing Committee

LOC Chair: [Terry Paul](#)

Safety Advisor: Andrea Lynch

Volunteer Coordinator: Sue Danne

Communications: [Michelle Boss](#)

Chief Umpire: Mike Bagshawe

Timing and Results Lead: Bas Rijniersce

Hospitality and Volunteer Support: Lisa Tschannen

Partnership Management: Alia Zawacki

Eligibility

All athletes must have a valid membership with Rowing Canada Aviron or US Rowing. Only BC residents or athletes who have been training in BC for at least 3 months will be eligible to win awards in the Provincial Championship. However, athletes from outside the province are welcome to compete and will see their results alongside all the other competitors, while being excluded from award eligibility.

Entries

Entries must be made through [Regatta Central](#)

Standard Entries due 11:59pm Wednesday, July 3

Late Entries (subject to additional fee) due 4:00pm July 10

Scratch Window until 11:59 Wednesday, July 3

Events Offered

U17 Men's and Women's 1x, 2x, 4x

U19 Men's and Women's 1x, 2x, 2-, 4x, 4+

Open Men's and Women's 1x, Lwt 1x, 2x, Lwt 2x, 2-, 4x, 4-, Lwt 4-, 8+

Para Men's and Women's PR1 1x, PR2 1x, PR3 1x, PR3 2x, PR3 2-

** When placing entries, look for the overall category (e.g. "Men's 1x") then choose the appropriate division for your entry from within the options (e.g. "Men's 1x" Division = U19). This will ensure your entry is categorized appropriately both for race progressions and final standings.*

Progression System

To create the closest-possible racing experience, all boats will race in the Open category, regardless of division. Division results (ie: U17, U19, U23, Lwt, U23 Lwt) will be counted separately. See Awards section below.

Fewer than 12 entries: all crews Heats; top 3 to A Final; 4-6 to Final B

12 to 18 entries: all crews Time Trial to Semi Finals A/B/C; top 2 to Final A; 3-4 to Final B; 5-6 to Final C

19-36 entries: all crews Time Trial; Then: Top 18 as above; TT placing 19-36 to Semi Finals D/E/F; top 2 to Final D; 3-4 to Final E; 5-6 to Final F

37+ entries as above with TT placings 37-54 Semi Finals G/H/I, etc.

Provisional Schedule

Rowing BC has taken feedback from previous years' events to create a schedule that would facilitate athletes' ability to race multiple events, and that considers equipment sharing.

Practice will take place Friday 12:00 noon until 30min before the start of racing. Coaches wanting to make use of the training session times must provide their own safety boat drivers with valid Pleasure Craft Operator's Card (PCOC). The Safety Officer for this regatta will be checking PCOCs at the dock before boats are able to launch.

In general, racing will take place Friday 4:00pm to 7:00pm, Saturday 8:00am to 6:00pm, and Sunday 8:00am to 2:00pm with a provisional schedule, based on 2023 as follows:

Friday	Saturday	Sunday
16:00 M1x TT	8:00 M1x SF	8:00 W4x H
16:30 W2- TT	9:30 W2- SF	9:00 M4x H
17:00 M2x TT	10:00 M2x SF	10:00 W4- F
17:30 W1x TT	10:40 W1x SF	10:15 M4- F
18:30 M2- TT	11:40 M2- SF	11:00 W4x F
18:40 W2x TT	12:00 W2x SF	12:00 M4x F
	12:30 break	13:00 W8+ F
	13:40 M1x F	13:45 M8+ F
	15:00 W2- F	
	15:30 M2x F	
	16:00 W1x F	
	17:00 M2- F	
	17:30 W2x F	

Results

Results will be available on a Regatta Master Live Link to be shared later. Results will be posted on Regatta Central.

Awards and Standings

Awards will be given to the 1st place finisher in each original entry category. Awards will be given according to the n-1 rule (ie. If there is only one competitor in the category, a medal would not be given).

For athletes racing in a restricted division (ie: U17, U19, U23, Lwt, U23 Ltw), standings will be based on the placing in the finals – in order of highest level final to lowest, regardless of times. For example, if the top U19 performance is 4th place in the A Final, that athlete will be the winner of the U19 division. If the next U19 performance is 1st in the B final, that athlete will be 2nd in the U19 division, regardless of their time.

It is possible for an athlete in a restricted division to win their division and the division above them. For example, if a U19 athlete is 1st in U19 and U23, they will receive both medals.

Weigh-in Information

An exception to the RCA Rules of Racing has been made to allow for one weigh-in to be used for the entire weekend.

The weigh-in window for all athletes (and any coxswains present) will begin 2 hours before the first lightweight race of the weekend, and close at the time of the first lightweight race. There will be a second weigh in window for coxswains only 7:30-8:30am on Sunday. A test scale will be available.

Lightweight crews must weigh in together. Weights are per RCA Rules of Racing. Government issued ID required for weigh-in. School ID will be accepted for U19 athletes.

Weigh-ins will take place in the Rowing BC tent on the spectator deck, near the finish line.

Equipment

This regatta will allow boats with pontoons to have the pontoons affixed above the waterline if that is what the athlete is used to and can safely race with. There are no other exceptions to the RCA rules of racing regarding equipment.

Clubs bringing trailers, please contact regatta chair Terry Paul no later than Wednesday, July 10 to secure your trailer parking spot. Trailers are welcome onsite the morning of Friday, July 12. Tow-vehicles will need to park in the gravel parking lot once trailer has been dropped off.

Venue

Due to construction in and around the Burnaby Lake Rowing Pavillion, **there will be no access to the building.** The spectator deck is open and can accommodate a number of team tents. If your club would like to set up a tent on the deck, please contact memberservices@rowingbc.ca

Communications

Coaches' Meeting 2:00pm Friday – location onsite TBD

Onsite Whatsapp Group – July 11-14 Get alerts regarding any schedule changes, venue updates, or other issues pertaining to all participants. Join with [this link](#) or scan:



Food and Beverage

Rowing BC is happy to announce that Simon Fraser University Rowing Club will be running the concession at the regatta. All proceeds go directly to the rowing program for much needed equipment.

As well, SFURC will be donating 10% of their profits to support urgent medical expenses for SFU Rowing Alum and Olympic medalist, [Krista Guloien Temple](#).

Accommodation

Rowing BC has secured a limited number of rooms at a reduced rate at two Burnaby hotels.

Accent Inns Burnaby

1-800-663-0298 and quote GROUP ID 6448777 “Rowing BC Provincials”

All reservations will need to be made prior to the June 11 release date.

To reserve rooms online click [here](#).

Individual rooms may be cancelled up to 72 hours prior to arrival.

Hilton Vancouver Metrotown

To reserve rooms online click [here](#).

Transportation and Parking

Clubs from Vancouver Island can apply for BC Ferries coupons for U19 athletes through the viaSport's [BC Ferries Sport Experience Program](#)

Parking is in the gravel parking lot on Sperling Ave. Plan for a 5-10 minute walk to the regatta site. Accessible Parking is available on the regatta site.

Volunteer Information

There are many volunteer opportunities. Please use [this link](#) to view roles and sign up.

Volunteers should plan to be at the regatta site at least 20 minutes prior to their shift.

Volunteer check-in is located on the tarmac level, past trailer parking.

Sponsors

Rowing BC would like to thank the following organizations for their support:

Tourism Burnaby

Looking for ways to add to your regatta experience while you're in Burnaby? [Check out this guide to nearby activities, dining and attractions.](#)

The Province of British Columbia

Supporting sports, recreation, arts, and culture in BC.

viaSport

Championing amateur sport in BC.

Links

[Site Plan](#)

[Flow Patterns](#)

[Emergency Action Plan and First Aid Plan](#)

[Weather](#)

[Wind](#)