



ROWING BRITISH COLUMBIA

2025 Annual Report

Introduction

This annual report celebrates the accomplishments of Rowing BC during the past year. The report is focused on the 2025 calendar year, while the membership data is presented based on the fiscal year of April 1, 2024–March 31, 2025.

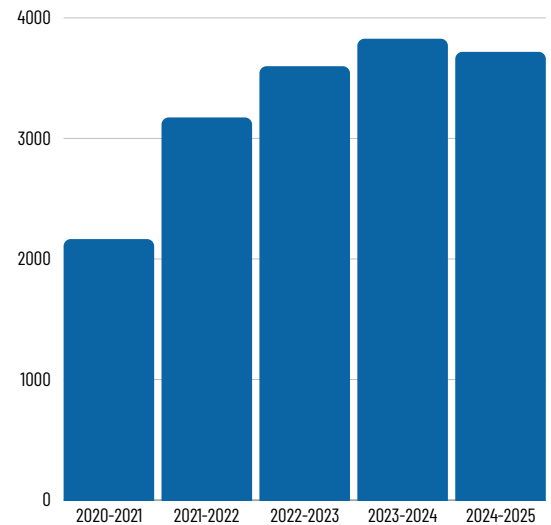
In combination with the 2025 Annual General Meeting Package materials, this report is designed to inform Rowing BC's key stakeholders on outcomes achieved in the past year and upcoming priorities.

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Membership Demographics

April 1, 2024-March 31, 2025



OVERALL MEMBERSHIP

3718

registered participants
rowing at one of Rowing BC's

37 member
organizations



Membership Demographics

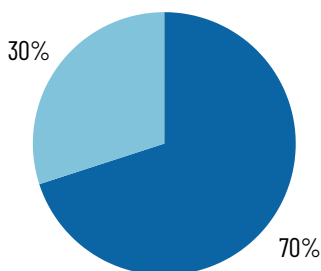
April 1, 2024-March 31, 2025

NEW PARTICIPANTS

1114 participants
(30% of total membership)

in a Learn to Row, Introductory
or Novice Program*

*Participants are only counted in this statistic if
the program is labelled as such in the RCA Web
Registration System



COME TRY

16 local rowing
organizations

hosted Come Try Rowing events for a total of

980 additional
participants**

**These participants are not included in annual membership numbers
as they are not required to register as members in order to participate
in a Come Try event.



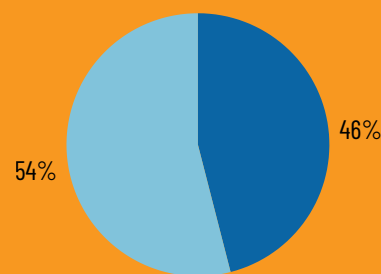
PARTICIPANT RETENTION

1992 participants
(54% of total membership)

involved in a rowing program in BC

during April 2023 - March 2024 continued

into another rowing program in BC during April 2024 - March 2025.



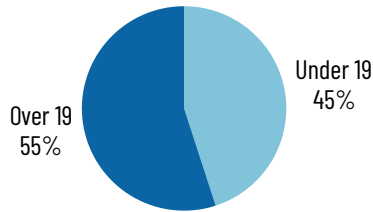
Membership Demographics

April 1, 2024-March 31, 2025

MEMBERSHIP DEMOGRAPHICS

Over 19: 2032 (55%)

Under 19: 1686 (45%)

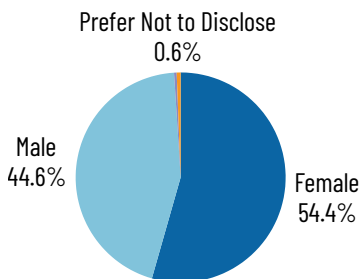


Female Identified: 2014 (54.2%)

Male Identified: 1653 (44.4%)

Non-Binary Identified: 17 (0.4%)

Prefer Not to Disclose: 34 (1%)

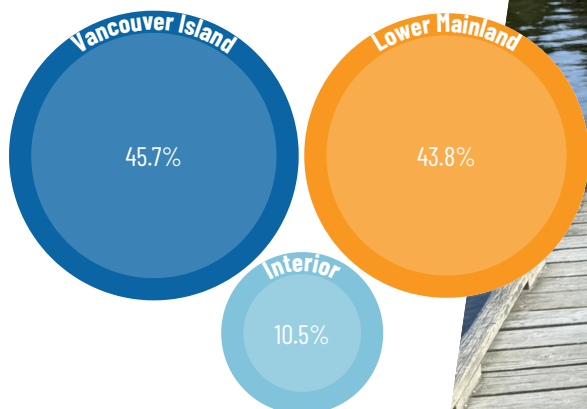


WHERE OUR PARTICIPANTS ROW

Interior: 394 (10.5%)

Vancouver Island: 1698 (45.7%)

Lower Mainland: 1626 (43.8%)



Para Rowing



ROW-TO-GROW:

Through a partnership with the BC Children's Hospital Motion Lab rowing opportunities have been created for

15 new and **6** returning youth with Cerebral Palsy

across five host locations:

BLRC, DDRC, MBRC, VCRC & VRC

Fundraising efforts have raised an additional **\$9000** to support the continuation of this program

At least

31 para rowers actively participating in BC

8 locations make use of Rowing BC para equipment to support their programs

INVICTUS GAMES:

50+ Canadian competitors were involved in the 2025 Vancouver/Whistler Invictus Games, many of whom competed in Indoor Rowing.

As a legacy from the Games

50 new Concept 2 ergs are being used at BC rowing clubs



Coastal Rowing

NEW Instagram Account: [@coastalrowing_bc](https://www.instagram.com/coastalrowing_bc)

NCCP Coach Education specific to coastal rowing
offered in BC for the first time

Attended by:

- **10** coaches at the Virtual Workshop
- **8** coaches at the In-Person Workshop



NEW Coastal Rowing Team launched at UVIC

Locations specifically offering coastal rowing:

- **Cadboro Bay**, Victoria
- **Locarno Beach**, Vancouver
- **Salt Spring Island**
- **Tulista Park**, Sidney

Many additional locations across BC have coastal equipment to use on wavy days and to support beginner rowers in more stable equipment

Thanks to a BC donor
Rowing BC was able to purchase

4 new vertical
yellow race marks

This infrastructure will support
beach sprint practices and regattas
across BC including:

- Western CAN Beach Sprints
- Cascadia Beach Sprints



Coach Development

164 active coaches
registered in BC



5 NCCP

workshops hosted including

- 1 RCA Coastal Coach Workshop (Virtual) - **10** participants
- 1 RCA Coastal Coach Workshop (Practical) - **8** participants
- 2 RCA Learn to Row Coach Workshops - **17** participants
- 1 RCA Coach Weekend 1 Workshop - **6** participants

Before the end of 2025, there are

3 additional

workshops scheduled including:

- 2 RCA Learn to Row Coach Workshops
- 1 RCA Coach Weekend 1 Workshop

Check the event calendar to learn more!

25 coaches attended in-person
Rigging Workshops

delivered by Rowing BC's
Director of Performance

offered in

- Richmond
- Vernon
- Victoria



Coach Development

BUILDING THE FUTURE OF COACH EDUCATION IN BC:

4 new Learning Facilitators
trained to deliver
RCA Learn to Row Coach Workshops

2 new Learning Facilitators
trained to deliver
RCA Coach Workshops

2 new Coach Evaluators
trained to complete
RCA Coach evaluations

2 new Master Coach Developers
trained to support
Learning Facilitators and Evaluators

COACH EVALUATIONS:

Throughout 2025

14 coaches completed a
Coach Evaluation

including:

- 8 RCA Learn to Row Coaches
- 4 RCA Coaches
- 2 RCA Performance Coaches



Congratulations!



Performance Athlete Support

77 athletes on the
Canadian Sport Institute Targeted Athlete List

Including:

- **8** Canadian Development Athletes (Gold)
- **15** Provincial Level 1 Athletes (Silver)
- **54** Provincial Level 2 Athletes (Bronze)



Rowing BC's NextGen Performance Centre
at Elk Lake provided training for

16 Regional
Athletes

Official Equipment Provider

HUDSON

2025 fleet included:

- **7** USP 1xs
- **1** USP 2-

Thanks to

9 individual donors
over **\$1800**

has been raised to provide additional
support to performance athletes
including:

- reducing team travel costs
- supporting training camps



Development Camps

Rowing BC hosted

5 Junior
Development Camps

1 Masters
Development Camp

209 athletes
attended in

- Victoria
- Vancouver
- Shawnigan Lake
- Vernon

11 athletes
attended in

- Vernon



Umpire Development

12 Assistant
Umpires

11 Associate
Umpires

29 Level 2 Licensed
Umpires

7 Associate Chief
Umpires

14 Level 3 Chief
Umpires

Including:

- **FOUR** Level 4 Clinicians
- **FIVE** Level 5 World Rowing Umpires



Umpire Development

41 Umpires

attended the November 2024

Rowing BC Annual Umpire Seminar

held in-person in Delta



1 Level 2
Umpire Clinics

hosted by Rowing BC

3 new associate umpires
in attendance



5 newly licensed
Umpires



BC Regattas



1 Regatta hosted directly by
Rowing BC

- Rowing BC Provincial Championships

SUPPORT TO LOCAL ORGANIZERS:

4 Regattas utilized components of
Rowing BC's **"Regatta In a Box"**

- Delta Deas Scholastic Regatta
- Rowing BC Provincial Championships
- Cascadia Masters Championships
- Western Canadian University
Rowing Championships

26 Regattas

43 Days of Racing
including:

- 2 Coastal rowing regattas
- 2 Indoor rowing regattas



Rowing BC Provincial Championships

Gold Medalists

U17 Men

ATHLETE NAME

1x Max Johns
2x Hunter Nickerson, Nathan Irvine
4x Ben Wood, Max Johns, Christo Farrah, Oliver Paul

HOME ORGANIZATION

Victoria City Rowing Club
Maple Bay Rowing Club
Victoria City Rowing Club

U19 Men

ATHLETE NAME

1x Jack Harris
2x Oscar Joyeaux-Humphries, Billy Thornton
2- Declan Blue, Kiefer Wensauer
4x Senan Brodie, Kaloyan Nikolov, Connor Cross, David Toan

HOME ORGANIZATION

Thunder Rowing
Victoria City Rowing Club
Victoria City Rowing Club
Oakland Strokes

Open Men

ATHLETE NAME

1x Oleksii (Alex) Lupan
PR3 1x Riley Brinnen
2x Peter Scaccabarozzi, Henry Sowell
LWT 2x Peter Scaccabarozzi, Henry Sowell
4x Peter Scaccabarozzi, Henry Sowell, Tomoki McMartin, Kieran Fitzpatrick
2- Quinn McCoy, Simon Whittaker
4- Quinn McCoy, Simon Whittaker, Gabriel Dyer, Connor Dillon
8+ Quinn McCoy, Simon Whittaker, Gabriel Dyer, Conor Dillon, Calum Murphy, William Turner, Andrew de Yonge, Gabriel Cinq-Mars, Josie Roelofs

HOME ORGANIZATION

Kelowna Rowing Club
Vernon Rowing and Dragon Boat Club
University of British Columbia
University of British Columbia
University of British Columbia
University of Victoria
University of Victoria
University of Victoria

Mixed 8+

ATHLETE NAME

Nicole Cusack, Gabrielle Yarema, Aref Alkouatli, William Borritt, Liam Pearce, Oliver Herrera, Kiana Natasha Bonamin, Lyndsey Bryden, Isabella Howley

HOME ORGANIZATION

University of British Columbia

Rowing BC Provincial Championships

Gold Medalists

U17 Women

ATHLETE NAME

1x Harper Wood-Soloff
2x Harper Wood-Soloff, Bailee Myers
4x Natalie Franke, Quanxin Wang, Aurea Helene Wilkins,
Charlotte MacGowan

HOME ORGANIZATION

Oakland Strokes
Oakland Strokes
Thunder Rowing

U19 Women

ATHLETE NAME

1x Lucy Hallett
2x Aida Mills, Sierra Munroe
2- Willow Tzonez, Rowan Thompson
4x Elyse Jobling, Ariana Beurts, Lucia Bystrom, Airi Brett

HOME ORGANIZATION

Victoria City Rowing Club
Vernon Rowing and Dragon Boat Club
Victoria City Rowing Club
Vancouver Rowing Club

Open Women

ATHLETE NAME

1x Gabrielle Yarema
2x Kate Watson, Charisse (Sai Sai) Faubert
2- Nicole Cusak, Lyndsay Bryden
4x Tayler Leerentveld, Georgia-Rain Shaw, Willa Pepin,
Bronwyn Posynick
4- Kiana Bonamin, Gabrielle Yarema, Nicole Cusack,
Lyndsey Bryden
8+ Nicole Cusack, Gabrielle Yarema, Kiana Bonamin, Natasha
Witts, Emelie Lustig, Lyndsey Bryden, Willa Pepin, Bronwyn
Posynick, Isabella Howley

HOME ORGANIZATION

University of British Columbia
University of Victoria
University of British Columbia
University of British Columbia
University of British Columbia
University of British Columbia

Rowing BC Provincial Championships

Thank you to the host venue:

Burnaby Lake Rowing Club

Thank you to the Local Organizing Committee:

- Michelle Boss (Timing & Results Support)
- Sue Danne (Volunteer Coordinator)
- Andrea Lynch (Safety Coordinator)
- Michael Rascher (Burnaby Lake Liaison)
- Bas Rijniersce (Timing & Results Coordinator)
- Ge-An Rijniersce (Chief Umpire)
- Peter Gleadow (Onsite support)
- Rowing BC Staff

ATTENDEES:

22 rowing organizations

289 entries



This event was made possible thanks to support from:



**Sport
Burnaby**

viaSPORT
British Columbia



**BRITISH
COLUMBIA**

Supported by the Province of British Columbia


Hilton
VANCOUVER METROTOWN

BW

Best Western.
Hotels & Resorts


HUDSON

 **OUTWAY**



Local Custom Designed Apparel

**CANADIAN
SPORT
INSTITUTE**



**INSTITUT
CANADIEN
DU SPORT**

PACIFIC / PACIFIQUE

Canada Cup Regatta

August 11-16, 2025 | London, ON

REPRESENTING BC:

Men's 1:

William (Billy) Thornton (Victoria City Rowing Club)

Men's 1x:

Oleksii (Alex) Lupan (Kelowna Rowing Club)

Women's 1x:

Laura McKenzie (Nanaimo Rowing Club)

Men's 2-:

Eli Baughen (University of Victoria)

Kieran Fitzpatrick (Queens University)



BRONZE MEDAL Women's 2-:

Sierra Munroe (Vernon Rowing & Dragon Boat Club)

Grace Sisett (Brentwood School)

Men's 2x:

Oscar Humphries-Joyeaux (Victoria City Rowing)

William (Billy) Thornton (Victoria City Rowing Club)

Women's 2x:

Norah Harrop-Lopez (Thunder Rowing)

Laura McKenzie (Nanaimo Rowing Club)

Head Coach: Terry Paul (Rowing BC)

Assistant Coach: Steven Randall

(University of Victoria/Victoria City Rowing Club)



BRONZE MEDAL Men's 4-:

Eli Baughen (University of Victoria)

Kieran Fitzpatrick (Queens University)

Oscar Humphries-Joyeaux (Victoria City Rowing)

William Low (Fort Langley Youth Rowing Society)



SILVER MEDAL Women's 4- :

Sierra Goldberg-Goris (Brentwood School)

Ester Majercin (Nanaimo Rowing Club)

Sierra Munroe (Vernon Rowing & Dragon Boat Club),

Grace Sisett (Brentwood School)

Mixed 4x:

Norah Harrop-Lopez (Thunder Rowing)

Oscar Humphries-Joyeaux (Victoria City Rowing)

Laura McKenzie (Nanaimo Rowing Club)

William (Billy) Thornton (Victoria City Rowing Club)



GOLD MEDAL Mixed 8+:

Eli Baughen (University of Victoria)

Kieran Fitzpatrick (Queens University)

Sierra Goldberg-Goris (Brentwood School)

Joel Kronis (Brentwood School)

William Low (Fort Langley Youth Rowing Society)

Oleksii (Alex) Lupan (Kelowna Rowing Club)

Ester Majercin (Nanaimo Rowing Club)

Sierra Munroe (Vernon Rowing & Dragon Boat Club),

Grace Sisett (Brentwood School)

BC Representation on National Teams

International Challenge

July 15-16, 2025 | Michigan, United States of America

ATHLETE NAME

Bianca Batoni
Willem De Vries
William Jacques

HOME ORGANIZATION

St. Michaels University School Rowing
Vancouver College Rowing
Vancouver College Rowing

Fédération Internationale du Sport Universitaire (FISU) Summer World University Games

July 16-27, 2025 | Rhine-Ruhr Region, Germany

ATHLETE NAME

Connor Attridge
Pepper Howe
Madelyn Vandermeer

HOME ORGANIZATION

Cambridge University (with former affiliation with SFU and UVIC)
University of Victoria
University of British Columbia



BC Representation on National Teams

U23 World Rowing Championships

July 23-27, 2025 | Poznan, Poland

ATHLETE NAME

Matteo Banducci
Connor Bohlmann
Adrian Breen
Mira Calder
Ellexi Fulton
Annika Goodwyn
Daniel Mielecki
Robert Walsh
Gabriella Worobec
Oscar Wostenholme

HOME ORGANIZATION

Vancouver Rowing Club
Vancouver College Rowing
University of British Columbia
Victoria City Rowing Club
Shawnigan Lake School Rowing
Burnaby Lake Rowing Club
University of Victoria
University of British Columbia
University of British Columbia
University of British Columbia

COACH NAME

Katie Bahain-Steenman

HOME ORGANIZATION

Rowing Canada Aviron



BC Representation on National Teams

U19 World Rowing Championships

August 6-10, 2025 | Trakai, Lithuania

ATHLETE NAME

Patrick Boyle
Ciana Della Siega
Lucy Hallett
Jack Harris
William Hawkins
Bennett Maijer
Novella Rusman

HOME ORGANIZATION

Vancouver College Rowing
Victoria City Rowing Club
Victoria City Rowing Club/BC NextGen Performance Center
Thunder Rowing
Brentwood College Rowing
St. George's School Rowing
Brentwood College Rowing

COACH NAME

Marc Addison
Katie Bahain-Steenman
David Calder
Miki Chantler
Ava Paul

HOME ORGANIZATION

Vancouver College Rowing
Rowing Canada Aviron
Brentwood College Rowing
Victoria City Rowing Club
Victoria City Rowing Club

Junior Pan American Games

August 9-23, 2025 | Asunción, Paraguay

ATHLETE NAME

Anneke Goodwyn
Bathany Nordstrom
Firinne Rolfe
Alessandra Tuttle

HOME ORGANIZATION

Burnaby Lake Rowing Club
Victoria City Rowing Club/University of Victoria
St. Michaels University School
Shawnigan Lake School Rowing

BC Representation on National Teams

World Rowing Championships

September 21-28, 2025 | Shanghai, China

ATHLETE NAME

Stu Chase

Katie Clark

Alexis Cronk

Joel Cullen

Axel Ewashko

Caileigh Filmer

Danielle Main

Maijken Meinderstma

Parker Illingworth

Sally Jones

Kristen Kit

HOME ORGANIZATION

Vancouver Rowing Club

University of British Columbia

University of Victoria

University of British Columbia/University of Washington

University of British Columbia/Brentwood College Rowing

University of Victoria

Vancouver Rowing Club

University of British Columbia

University of British Columbia

University of British Columbia/Victoria City Rowing Club

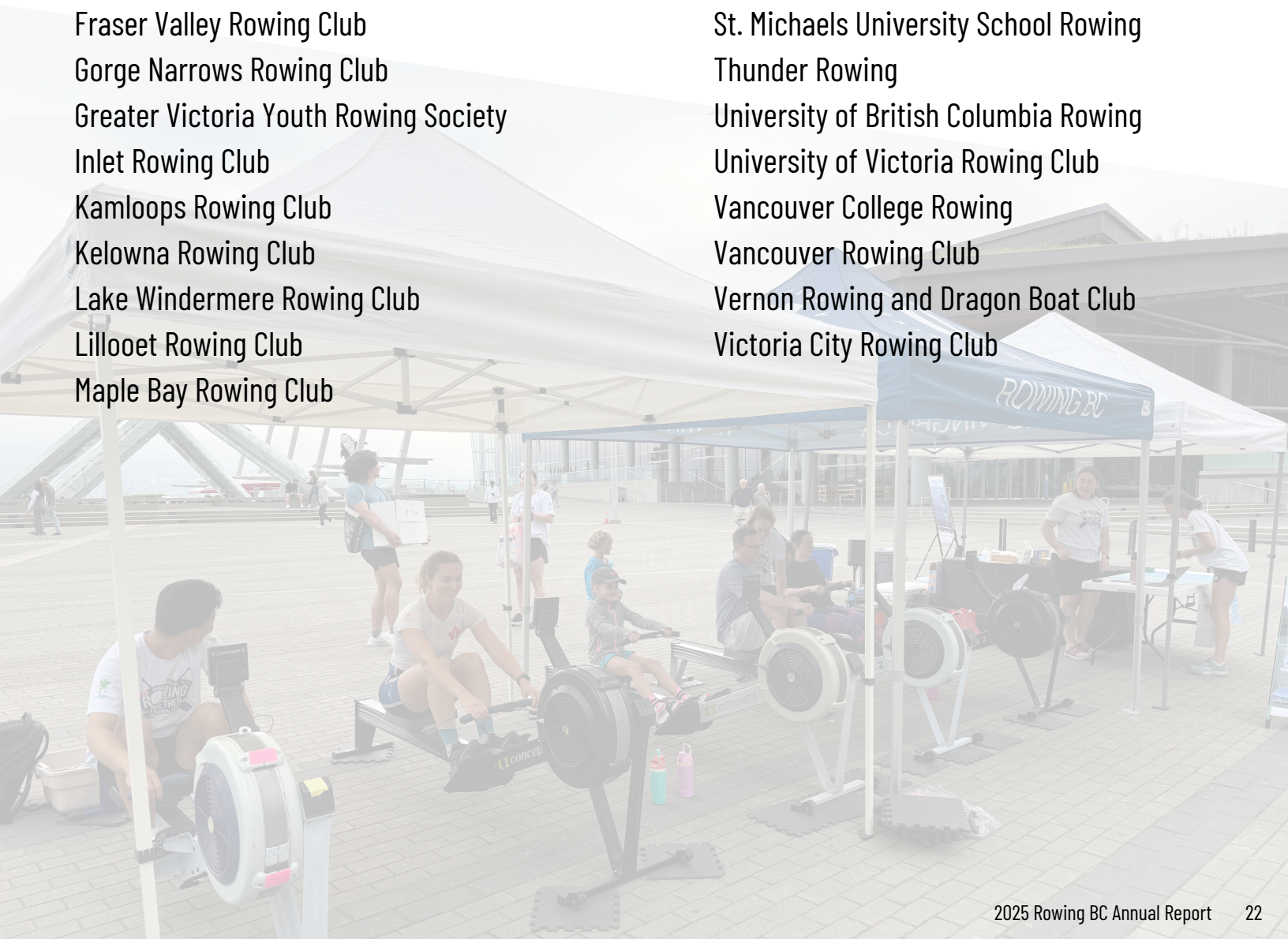
University of British Columbia/St. Catharines Rowing Club



Member Organizations

Brentwood College School Rowing
Burnaby Lake Rowing Club
Cascadia Regatta Association
Claremont Sports Institute Rowing Academy
Deep Cove Rowing Club
Delta Deas Rowing Club
Delta Tideway Sculling Association
False Creek Rowing Club
Fort Langley Community Rowing Club
Fort Langley Youth Rowing Society
Fraser Valley Rowing Club
Gorge Narrows Rowing Club
Greater Victoria Youth Rowing Society
Inlet Rowing Club
Kamloops Rowing Club
Kelowna Rowing Club
Lake Windermere Rowing Club
Lillooet Rowing Club
Maple Bay Rowing Club

Nanaimo Rowing Club
Nelson Rowing Club
Nicomekl Rowing Club
OARCA Coastal Rowing
Rockies Rowing Club
Salmon Arm Rowing Club
Salt Spring Island Rowing Club
Shawnigan Lake Rowing Club
Simon Fraser University Rowing Club
St. George's School Rowing
St. Michaels University School Rowing
Thunder Rowing
University of British Columbia Rowing
University of Victoria Rowing Club
Vancouver College Rowing
Vancouver Rowing Club
Vernon Rowing and Dragon Boat Club
Victoria City Rowing Club



Rowing BC Operating Committees

COACH EDUCATION & DEVELOPMENT TASKFORCE

Martin George
Sonja Lonne (Staff Support)
Terry Paul (Staff Support)
Aalbert Van Schothorst
Susanne Walker-Curry
Jill Wurflinger

COASTAL ROWING COMMITTEE

Michelle Boss
York Langerfeld (Board Support)
Sonja Lonne (Staff Support)
Bill Myra
Annette O'Shea
Michael Strumberger
Marla Weston
Rohan Wink

INTERIOR DEVELOPMENT COMMITTEE

Janine Chan
Sonja Lonne (Staff Support)
Leslie Manders
David Miede
Roberta Rodgers
Kim Shea
Glen Stiven

REGATTA COMMITTEE

Connor Attridge
Michelle Boss
York Langerfeld (Board Support)
Sonja Lonne (Staff Support)
Terry Paul (Staff Support)
Veronika Pasovska Peacock
Ge-An Rijniersce

UMPIRE COMMITTEE

Tim Henderson
Maria Issa
York Langerfeld (Board Support)
Sonja Lonne (Staff Support)
Michael Rascher
Margaret Shorter
Gordon Sund



Rowing BC Staff and Board

ROWING BC BOARD OF DIRECTORS

Arthur Grant, Director
York Langerfeld, Director
Aaron Lattimer, Director
Brendan le Nobel, Treasurer
Stacy Mitchell, Past-President
Scott Parfitt, President
Cecilia Potter, Director
Julie Stevens, Director
Ingrid Vanderslice, Director
Steve van Knotsenburg, Director

ROWING BC STAFF

Sonja Lonne, Director of Membership and Community Development
Terry Paul, Director of Performance
Alia Zawacki, Executive Director

PHOTO CREDITS:

Kristina Jaugelis - Pg 2 (bottom)
Manto Artworks - Pg 9 (bottom), Pg 11-16, Pg 24
Masys Family - Cover, Pg 5 (top), Pg 7-8 (bottom), Pg 10, Pg 23, Back Cover
Michael Strumberger - Pg 4 (top), Pg 6 (bottom)
Rowing Canada Aviron - Pg 18-21
Tanya Goodall Smith - Pg 6 (top)

viaSPORT
ACCREDITED 2025/26



LEADERSHIP THROUGH ROWING.

www.rowingbc.ca

