

Annual Umpire Seminar

Welcome! The agenda will begin at 9:30 AM

Until then, enjoy coffee ☕ , tea 🍵 , and snacks while connecting with your umpire peers

You can access the following from the back of the printed agendas:

- 2026 Umpire Jury Sign Ups
- Upcoming opportunities at regattas outside of BC
- Upcoming L2 and L3 Clinic Dates

Licensed Umpires:

You will find a link to vote in the 2026 Rowing BC Umpire Committee Election in your email inbox.

Voting is open until 12 PM.





Rowing
British
Columbia

Annual Umpire Seminar
February 21, 2026

Welcome



Scott Parfitt
Rowing BC President



Tim Henderson
Chair, Rowing BC Umpire Committee



Sonja Lonne
Director of Membership & Community Dev.



Welcome

Printed agendas are available on your tables

- Focus = Hands On!

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Rowing British Columbia

Lived Experience: Making a Safe Sport Complaint

Mike Bagshawe

Background

- There was an incident between a rower and an Assistant Umpire at Control during Challenge West in July 2025
- I was also at Control, and intervened
- The rower continued with what I considered verbal abuse of umpires in general
- The Chief Umpire took charge, resulting in a yellow card being given to the rower
- I decided that a Safe Sport complaint was the appropriate action



The Process

How to start:

- Does this actually qualify for a complaint?
- I leant on the RCA Safe Sport Policy

Responsibilities

7. Individuals have a responsibility to:

- a) Maintain and enhance the dignity and self-esteem of other Individuals by:
 - i. Treating each other with the highest standards of respect and integrity;
 - ii. Focusing comments or criticism appropriately and avoiding public criticism of Athletes, coaches, umpires, officials, organizers, volunteers, employees, or other participants;
 - iii. Consistently demonstrating the spirit of sportsmanship, sport leadership, and ethical conduct;
 - iv. Acting to correct or prevent practices that are unjustly discriminatory;
 - v. Consistently treating individuals fairly and reasonably; and
 - vi. Ensuring adherence to the rules of the sport and the spirit of those rules.



How do I make a complaint?

START HERE: Are any of the people directly involved currently RCA Staff, RCA Board Members, National Team Athletes or participants at a National event?

- If **YES**, contact the [Canadian Safe Sport Program \(CSSP\)](#) through [Sport Integrity Canada](#)
- If **NO**, contact the [Independent Third Party \(ITP\)](#), Gord Hopper (itpcomplaints@gmail.com)

THEN: The ITP will determine if the complaint is covered under Safe Sport Policies.

- If **YES**, the ITP will refer the case to the local rowing club if the case is relevant to the club, and usually less severe. Or the ITP will refer the case to Rowing BC/RCA if the case has a broader scope, or is possibly more severe.
- If **NO**, the ITP will notify the complainant that the case is not covered under Safe Sport Policies.

NEXT: Rowing BC will assign a Complaint Resolution Officer (CRO) to assist with a complaint being handled at the club level, or assign a CRO or Case Manager (CM) for complaints being handled by Rowing BC/RCA. This individual may also contact the club.

FINALLY: The CRO/CM will work through the complaint as detailed in the Safe Sport Policies. When the complaint is complete, all parties will be notified by the CRO/CM, including Rowing BC/RCA.

[See this process in a printable flow chart PDF HERE.](#)

<https://rowingbc.ca/safe-sport/>



RCA Safe Sport Process

- I made contact with Gord Hopper, the RCA ITP
- **You have 14 days from the incident to submit the complaint**
- The ITP cannot give advice on your complaint, but steers you through the process.
- I completed and submitted the standard complaint form.
- Expect a lot of dialogue with the ITP about the content – I think rev5 was the final version that went forward
- You name any witnesses, and it is your decision whether their contact info goes into the complaint



RCA Safe Sport Process

- Next step was the appointment of a Complaint Resolution Officer.
- You have the right to refuse the CRO assigned to your case.
- The CRO and I had a lengthy phone conversation about my complaint prior to my complaint being sent to the rower.
- The next I heard was some six weeks later, when I received the response from the rower along with a “decision in a week” message.
- The decision is sent to both parties, RCA and the Board of whichever club to which the individual belongs



The design of the process

- The CRO process is not an investigation process – it is a dispute resolution process
- CROs are not responsible for investigating allegations – the process is party driven (i.e., parties make their allegations, provide submissions and evidence in support)
- CROs are not responsible for information gathering – as above, the parties are responsible for providing all evidence relevant to their complaint
- CROs may ask a party for additional information when it appears that something may be missing or where the potential information could be material to make a decision
- If the party does not provide the information, or does not respond to a request for information, an adverse inference may be drawn against them (unless they do not have the information requested)
- Once the CRO has rendered their decision, including on a request for reconsideration, if one is made, they have fulfilled their duties, and no longer have authority over the case



Advice for future complaints

- Make notes immediately, when things are fresh in your mind
- If you have witnesses, get written statements immediately
- Include the witness statements with your submission





Rowing British Columbia

Hands On! Conflict Resolution Strategies for realistic scenarios Umpires experience

Andy from Now What Facilitation



Rowing *British* *Columbia*

Awards and Recognition

Licensed Umpires

Since the last Umpire Seminar, the following umpires passed their Level 2 Exam, becoming Licensed Umpires.

- Fred Blue
- Kathleen Duddy
- Andrew Johnstone
- Samah Larabi
- Sonja Lonne
- Elizabeth Wilson

Congratulations!



Rowing BC Awards

At Rowing BC's AGM held in November, awards were given in the following categories:

- Athlete of the Year
- Club Coach of the Year
- Performance Coach of the Year
- Umpire of the Year
- Outstanding Volunteers of the Year

Umpire of the Year goes to....

Congratulations Veronika!



RCA Annual Awards

During their Annual Conference, RCA recognized the following BC umpires with Long Service Awards:

- 15 years:
 - Laurel Glanfield
 - Ge-An Rijniersce
 - Lisa Robertson
- 20 years
 - York Langerfeld
- 25 years
 - Simon Litherland

Congratulations!



RCA Annual Awards

During their Annual Conference,
RCA awards an Umpire of the Year category.

This year's recipient was from BC!

Congratulations Tim!



RCA Annual Awards

During their Annual Conference,
RCA awards a Volunteer of the Year category.

This year's recipient was from BC!

Congratulations Bas!





Rowing British Columbia

Lunch

Reminder: Voting for the 2026 Rowing BC
Umpire Committee closes at 12 PM

Next Topic begins at 12:10 PM



Rowing *British* *Columbia*

Fireside Chat:
**Highlights from regattas outside
of BC in 2025**

Regattas outside of BC

USRA Northwest Youth Regional Championships

- Chris Frappell
- Veronika Pasovsca Peacock
- Julia Martinusen

USRA Northwest Masters Regional Championships

- Veronika Pasovsca Peacock

Alberta Open

- Timmy Leung
- Kris Davis

Royal Canadian Henley Regatta

- Chanel Ghesquire
- Elizabeth Wilson

Dino Sprints

- Fred Blue
- Kathleen Duddy





Rowing British Columbia

**Hands On! Floating Starts -
Marshalling, Aligning, Starting
(Script) and New Lights System**

Hands On! Floating Starts

Purpose of this topic = ensure all umpires approach floating starts in the same way and as a group we can ensure that floating starts are run smoothly, efficiently and fairly

End goal = you will leave this session feeling comfortable marshalling, aligning, and starting a floating start under a variety of conditions, including using the new start light system that is in use at some regatta venues



Hands On! Floating Starts

What to expect...

4 stations:

- Marshalling Floating starts (Mike)
- Aligning Floating starts (Simon)
- Start Script for Floating starts (Ge-an)
- New Lights System (Bas)

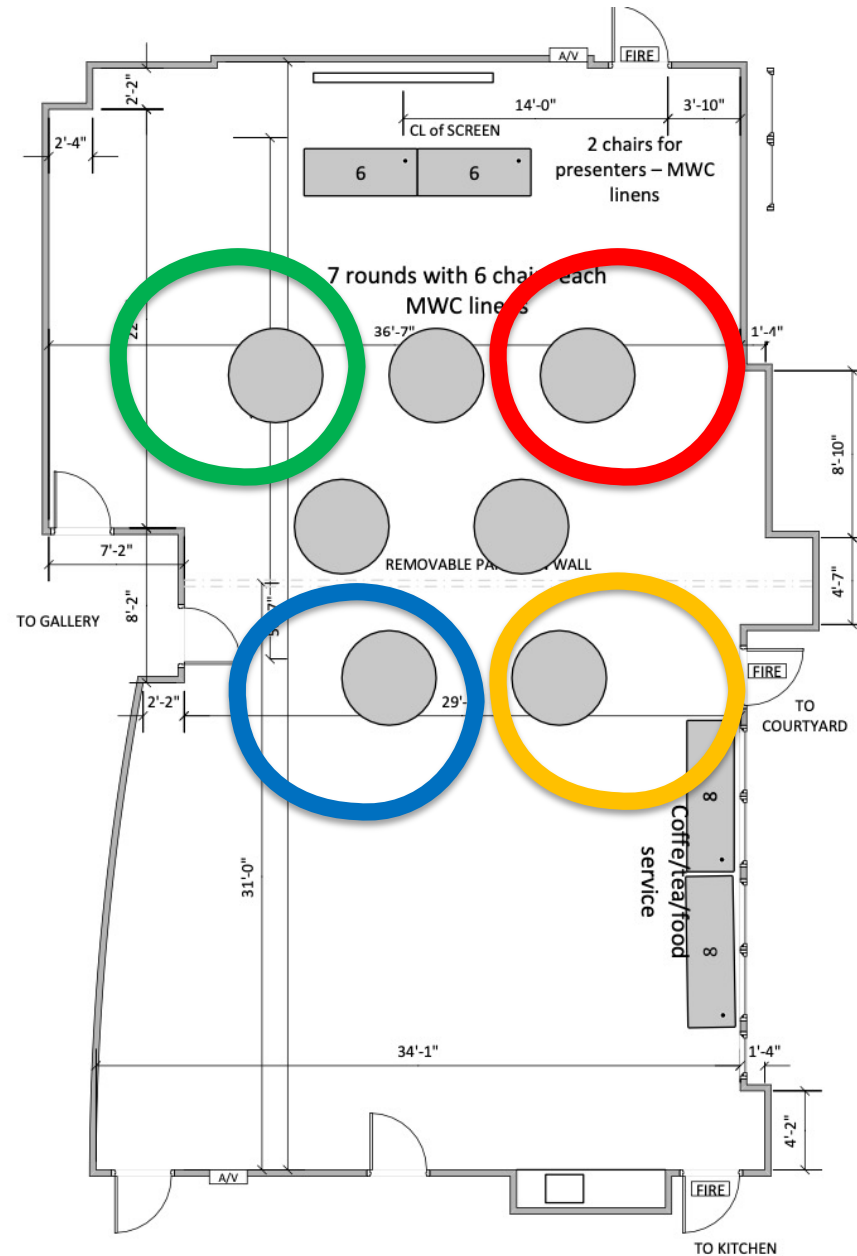
10 min per station

Rotate clockwise to next station

10 min full group wrap up at the end of the session



Hands On! Floating Starts



Check your name tag – the **FIRST** color dot is where you'll start





Rowing *British* *Columbia*

Understanding the new RCA Rules of Racing



RCA Rules of Racing Changes for 2026

APPROVED BY THE RCA MEMBERSHIP

AT THE SEMI-ANNUAL MEETING

JANUARY 25, 2026



Coxswains' weights (2.5)

- Intent of the change - clarification
 - If coxswains need **more** than 15 kg of deadweight to meet the required weight, they are **permitted** to compete with **only 15kg**.
 - Failure to place deadweight close to cox = relegation (REL)
 - Failure to carry the deadweight = exclusion (EXC)



Weight-restricted events (2.10)

- **Effective April 1, 2028**
- Intent of the change – No person who is not 19 y/o is to row in a weight-restricted event
 - The athlete must be 19 y/o on the **day of the competition.**



Para Rules (3.9)

Intent of the change : align with World Rowing, simplify

- Stabilizing pontoons (PR1) **DO NOT NEED** to touch water
- Whole para section has been re-written, please review
- REL for non-compliant strapping or non-compliant equipment



Rower's Clothing (6.2)

- Intent of the change: Clarify that extensions do not need to be identical, enabling athletes to manage their health and safety
 - The focus on “identical” is on racing uniform, which is **limited to the torso-covering piece of clothing**.
 - Remember that the goal of this rule is to allow us to identify crews quickly, not about looks. This means that as long as you consider that the athletes are wearing their team uniform (including variants) and that the crew as a whole is identifiable to the umpire, the requirement is met.



Assistance to a crew (9.7)

- Intent of the change: not penalise a crew that receives assistance; clarify a "rule that is not a rule"
 - A crew can get back in their boat, with or without assistance, finish, be placed, and advance, **unless the Regatta Package says otherwise.**
 - The default is that assistance does not exclude a crew



Finish of the Race (10.12)

- Intent of the change: align with WR
 - Show the white flag to each of the crews **before** showing it to the Finish Judge



Umpire Attire (11.10)

- Intent of the change: increase flexibility for umpires
 - Umpires and Assistants and Associate Umpires may wear dark blue or black bottoms (trousers, shorts, skirt or skort) in addition to khaki



Control Commission (11.23)

- Intent of the change: increase safety for all
 - Control Commission is responsible to ensure tracking and accounting for crews **on and off** the water, especially when an evacuation has been ordered due to adverse weather



App. 1- Time Trials

- Intent of the change: increase safety and fairness for time trials
 - Race Umpire near the finish **raises a white or red flag** after each division, after consulting with the Umpires/Marshals along the course, to signify a fair Time Trial.
 - Control Commission role is added to the appendix (verification of crew composition & equipment safety)



Safety, Team Meetings

- Intent of the change: increase safety for all
 - 8.1 – The **ultimate** responsibility for competing safely belongs to the individual rower.
 - 8.6 – Every club needs to be represented; otherwise, **they can't race**. If they can't attend, then they need to arrange to get the information from an OC representative.



Exhibition crews (9.6)

- New rule
 - To provide a crew with a racing opportunity that they would not otherwise have, crews that are **not eligible** to race in their category, may race exhibition (EXH) at the discretion of the Organizing Committee and as outlined in the Regatta Package. EXH crews are **not eligible to progress** to the next round, are **not eligible to win a medal**, and **shall not accumulate points** towards a regatta overall points award



Adverse Weather (9.8)

Intent of the change: improve safety

- Strengthened to clarify that the Chief Umpire alone (after consultation) decides on delay, postponement, or cancellation caused by adverse weather



Board of the Jury (11.9)

Intent of the change: Increase flexibility

- Chief Umpire must chair the Board of the Jury meetings
- Chief Umpire's designate can replace the Chief Umpire on the board of the jury.



Coastal Rules

- New approach – Coastal Endurance & Coastal – Beach Sprints
- Now in Part 13
- Separate Seminar has been developed to cover all Coastal Rules, not just changes
- Will be offered in the spring, as close as possible to the first coastal regatta



End of Presentation



Weight-restricted events (2.10)

- *2.10.1 Effective April 1, 2028, weight-restricted events are events for athletes 19 years of age and older, on the day of competition, where there is a maximum weight stipulated for the rowers.

Coxswains' weights (2.5)



- If under the minimum weight, a coxswain shall carry deadweight to make up the difference between the weight of the coxswain and the minimum required weight.
- The deadweight shall not exceed 15 kg. If more than 15 kg of deadweight is required to make up the weight difference, the coxswain shall be permitted to compete. The deadweight shall be placed as close as possible to the coxswain in the boat, without being attached to the coxswain and the penalty for failing to place the deadweight as close as possible to the coxswain in the boat shall be relegation. The penalty for not carrying the deadweight in the boat for the race shall be exclusion. No article of racing equipment shall be considered as part of this deadweight. At any time, before or immediately after the race, the Control Commission or the Race Umpire may require the deadweight to be reweighed.

Para Rules (3.9)



- The PR1 boat must have stabilizing pontoons installed and attached to the riggers at a minimum distance of 60 cm from centre line of pontoon to centre line of boat. The rigger design of the PR1 boat must allow the stabilizing pontoons to be securely fixed.

3.9.4 Penalty for Rowing Without Required Equipment or Strapping

- The penalty for having raced without the required equipment or strapping or with non-compliant equipment or strapping shall be relegation to last place in the particular race. The official result of that crew shall show REL. If two or more crews have raced in the same race without the required equipment or strapping or with nonconforming equipment or strapping, they shall all be relegated and they shall receive equal ranking. If the crew races again without the required equipment or strapping in a later round of the same event, then the penalty shall be the exclusion of the crew.



Rower's Clothing (6.2)

- Members of the same crew shall compete wearing their team uniform. The racing uniform of one or more members of a crew may be extended, and the extension(s) need not be identical, so long as their team uniform is visible. Hats need not be identical nor worn by all members of a crew. In the case of a composite crew, each crew member shall wear their respective team uniform.



Assistance to a crew (9.7)

- **9.7 Assistance to a crew within a race**
- A crew that has capsized may get back into a shell during a race, with or without assistance, complete the race, be placed, and be eligible to advance to the next round, unless the Regatta Package states otherwise.



Finish of the Race (10.12)

- The Race Umpire must always check to be sure that no crew is making an objection (under Rule 10.13), and if there is a secondary Race Umpire, check with the secondary Race Umpire, and shall then show a white flag to the crews to indicate that they consider the race was in order. If no crews raise their hand to lodge an objection, the Race Umpire shall show a white flag to a Judge at the Finish, to confirm that the race was in order. Before leaving the finish area, they shall make sure that a Judge at the Finish has acknowledged this signal.



Control Commission (11.23)

- 12. Tracking and accounting for crews during the evacuation of the race course in the event of inclement weather or any other reason.



App. 1- Time Trials

- Launches for Race Umpires... to avoid collisions or accidents. A Race Umpire near the Finish area should consult with Race Umpires/Marshals along the course and raise a white or red flag after a division has been completed to indicate to the Finish Judge if the Time Trial was fair.



Safety, Team Meetings

- 8.1. The safety and health of all participants in the sport of rowing is a matter of paramount concern. Rowers entering regattas shall be responsible for ensuring they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event.
- While the Organizing Committee of a regatta shall take all reasonable steps to provide safe rowing conditions and appropriate safety measures, the ultimate responsibility for competing safely lies with each individual rower and where applicable their team officials.
- In the case of a minor, the club, province, or other organization who enters the competitor in a regatta shall be responsible for the health and fitness of the competitor.
- 8.6 Prior to the start of the regatta there shall be a meeting hosted by an Organizing Committee representative along with the Chief Umpire. The meeting will communicate key information concerning racing and safety to all rowers and coaches. Each club must appoint a representative to attend this meeting. Crews shall not race unless their club representative is present at the meeting or makes arrangements to receive equivalent information directly from the Organizing Committee representative.



Exhibition crews (9.6)

- To provide a crew with a racing opportunity that they would not otherwise have, crews that are not eligible to race in their category, may race exhibition (EXH) at the discretion of the Organizing Committee and as outlined in the Regatta Package. EXH crews are not eligible to progress to the next round, are not eligible to win a medal, and shall not accumulate points towards a regatta overall points award.



Adverse Weather (9.8)

- The Chief Umpire, after consultation with the Regatta Chair and the Organizing Committee, shall take all decisions on any delay, postponement or cancellation of races, of changes to the course, resulting from adverse weather conditions, other matters relating to the safety of competitors, and Umpires on the water, or the fairness of the course.

Board of the Jury (11.9)



The Board of the Jury shall consist of the Chief Umpire, or their designate, and two (2) other members of the Jury designated by the Chief Umpire prior to the start of racing. The Chief Umpire, or their designate, chairs the meeting. For a National Regatta, the Chief Umpire shall also nominate two substitutes and shall display the names of the Board of the Jury on the notice board each day. This Board shall rule on any protests made according to Rule 10.14 (Protests). In the case of a protest, any member of the Board of the Jury directly involved in the dispute shall not be a member of the Board which hears and decides upon that matter. In such cases, the Chief Umpire shall replace them with one or more of the substitutes.



Umpire Attire (11.10)

- When umpiring, members of the Jury should wear the prescribed RCA uniform: a navy blue blazer, light blue dress shirt or light blue polo shirt with RCA logo, RCA tie or scarf, and khaki **or dark blue or black** trousers or khaki **or dark blue or black** shorts, skirt, or skort. Hats and rain or cold weather outerwear should be dark blue. The Chief Umpire, taking weather conditions into account, will make decisions on dress. Assistant and Associate Umpires should wear a light blue dress shirt or light blue polo shirt without an RCA logo, and khaki **or dark blue or black** trousers or khaki **or dark blue or black** shorts, skirt, or skort. Umpires, Assistant Umpires, and Associate Umpires may also wear a dark blue hat.



App. 2 – Head Racing

- 3.1 To fulfill RCA regatta sanction requirements, a head race will need a minimum of **five** RCA licensed Umpires, including the Chief Umpire. In principle, the **five** Umpires should be assigned to the start area, the finish area, the control commission (launch area), and on-water duties.
- **Members of the Jury may have dual roles. The Organizing Committee, in consultation with the Chief Umpire, may also appoint volunteers to support the Jury in its work.**
- **3.2.8 Control Commission;** The umpires at the Control Commission shall ensure that the composition of the crews is correct and will check that their equipment is safe and in order.



Rowing British Columbia

Hands On! **Objections & Protests Case Studies**

Objections & Protests

Purpose of this topic = managing objections and protests can be more nuanced in real life than what is explicitly covered in the Rules of Racing. By practicing with our umpire peers, we can ensure all of us are more prepared to handle these situations when they arise.

End goal = you will leave this session feeling more confident in how to handle objections and protests, having had the opportunity to role play and have discussions with umpire peers



Objections & Protests

What to expect...

4 stations led by a Clinician:

- each Clinician will provide a case study at their station (Tim, Ge-An, Mike, Simon)

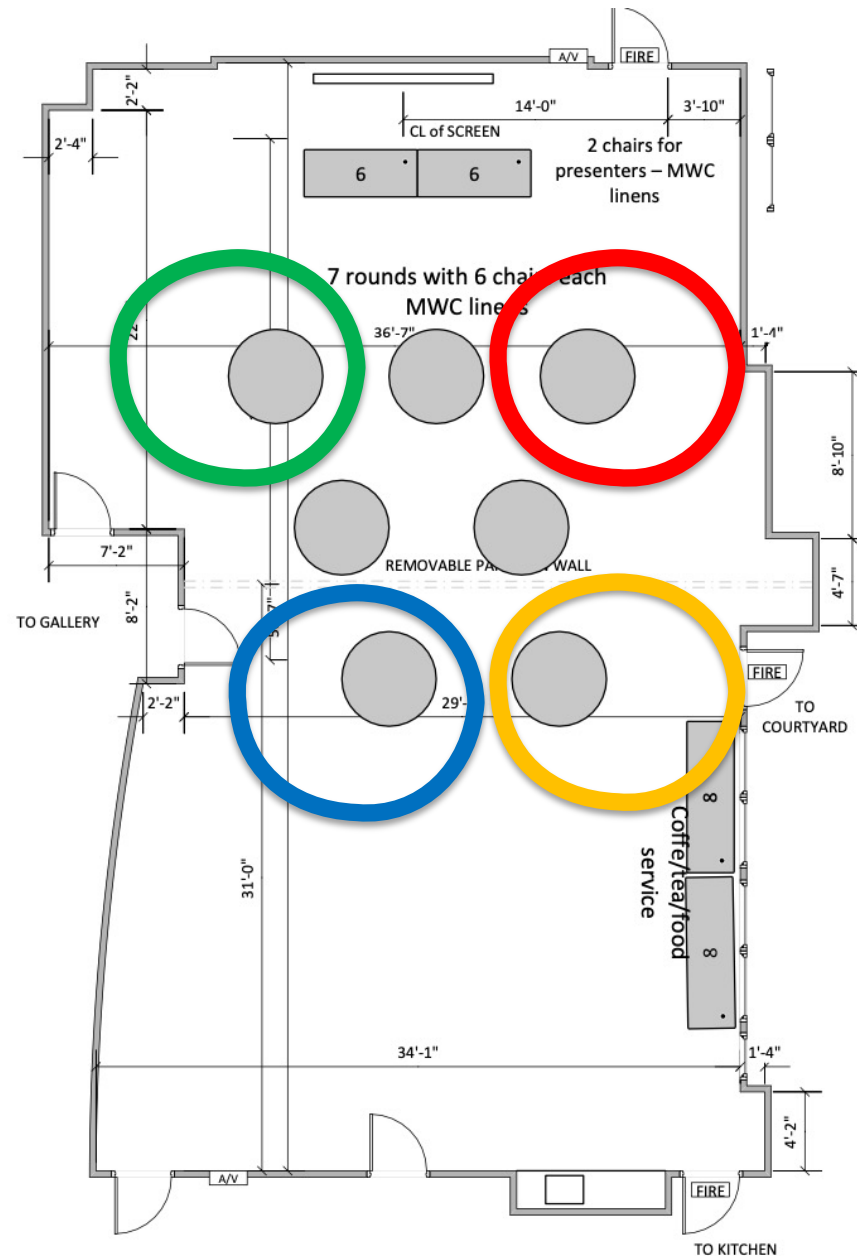
10 min per station

Rotate clockwise to next station

10 min full group wrap up at the end of the session



Objections & Protests



Check your name tag – the **SECOND** color dot is where you'll start





Rowing British Columbia

Break

During the break, take a sticky note (or a few!) and share your thoughts on these questions:

- How can we encourage Level 1 Umpires to enjoy their umpire experience?
- How can we create stronger community with/for Level 1 Umpires?
- What do you remember as being the main thing that helped you feel welcome in the Umpire community as a new Umpire?



Rowing *British* *Columbia*

**Update from Clinicians:
What to expect from the new RCA
Global Evaluations Model**

The background

- To maintain your umpire licence there are a number of requirements.
 - You need to be evaluated within the current block
 - You need to attend a seminar every year (a webinar – can be watched online afterwards)
 - You need to be registered with the PRA and RCA – thank you to Rowing BC for looking after this for us.
 - The current block is 2025 - 2027



The evaluation piece

Evaluations are required at Control, Judge at the Start, Starter, Race Umpire and Finish [or the Coastal/Beach Sprint stations]

You should remember the one-on-one evaluations of the previous blocks

The one-on-one evaluations have gone the way of the Dodo bird, and have been replaced by Global Evaluations



What is a Global Evaluation

- A Clinician will attend a regatta to conduct a generic evaluation of the participating umpires
- The clinician will observe the same stations as were the case with the one-on-one evaluations
- The clinician will review their observations with the jury at the end of the regatta **OR** via a post-regatta communication with the jury
- In addition, every umpire is required to have a one-on-one conversation with a clinician during the current block.



What this means for you

- Hopefully it will be less stressful for the umpires
- You can pick the clinician with whom you want to have the conversation
- An opportunity to provide feedback to the clinicians



What this means for Clinicians

- Opportunities to note “teachable moments” for the next Umpire Workshop
- Opportunities to provide discreet one-on-one mentoring where the need is required
- A lot less stress
- A lot more paperwork
- An opportunity to hear feedback from each and every umpire!



Questions?





Rowing British Columbia

**Changes in 2026: Requirements of
LOCs and New Feedback Opportunities**

Requirements of LOCs

Entry Deadlines

- All BC regattas must close Standard Entries **7 days prior** to the first day of racing.
- This allows earlier go/no-go decisions for low-entry regattas and provides time to adjust schedules when participation is higher than expected.
- Late entries may still have their own deadline within the final days leading up to the event.



Requirements of LOCs

Volunteer and Umpire Scheduling

- LOCs must provide breaks or shift changes at least every **3–4 hours**.
- Regattas must be structured within a **maximum 12 hour day** (from volunteer/umpire arrival to the final race off the water).

These measures are intended to improve the experience for volunteers and umpires, ensuring their ongoing involvement and supporting the overall sustainability of regattas across BC.



Feedback Opportunities

Starting Now – Opportunity for regatta attendees to share their feedback about umpires (and learn about umpires at the same time!)

Soon – Avenue for Jury feedback to Rowing BC Office/Rowing BC Umpire Committee to help in the continuous improvement of CUs





Share your regatta feedback with the umpires

The primary roles of Umpires at a regatta are to ensure the racing is safe and fair.

They do this through a variety of roles:

- **on land** umpires support athletes through Control Commission, ensuring safety of equipment and accounting for who is on the water at any given time
- **up at the start line** umpires ensure athletes are marshalled into the appropriate races, and the start process is clear and fair
- **throughout the race** umpires closely observe and respond any time safety or fairness could be jeopardized while other umpires work in the finish tent ensuring accurate and timely results
- **after the race** umpires continue to support athletes and coaches through the management of protests and objections
- **behind the scenes** umpires also support the Local Organizing Committee with the schedule and logistics of the event



Rowing British Columbia

Hands On!
**Working through real regatta
case studies**

Real Regatta Case Studies

Purpose of this topic = In the spirit of continuous improvement, there are scenarios from previous regattas that might arise in a similar form again. Rather than reacting in real time, we can prepare by exploring with input from umpire peers how the situation could best be handled.

End goal = The next time each umpire is at a regatta, they will be better equipped to handle scenarios like these when they arise in real time.



Objections & Protests

What to expect...

4 stations led by you!

- As a group, read the case that has been printed at your table and discuss what you could do as an umpire team to best handle this situation
- The UC member at each station will function as the Facilitator – keeping notes and ensuring you are able to get through the case in the allocated time

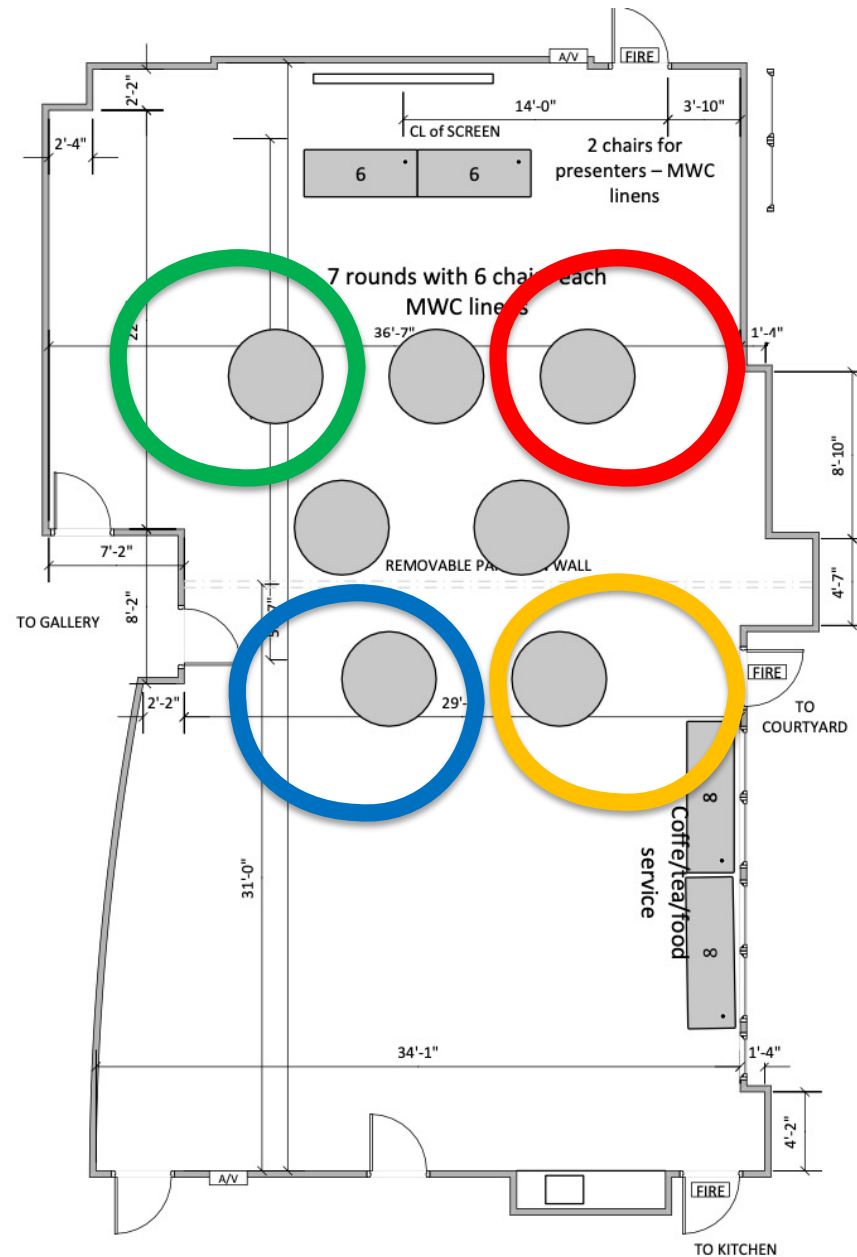
10 min per station

Rotate clockwise to next station

10 min full group wrap up at the end of the session



Objections & Protests



Check your name tag – the **THIRD** color dot is where you'll start





Rowing *British* *Columbia*

Operational Updates & Reminders

Expense Claims

Access the current Rowing BC Expense Policy and Reimbursement Form from our website or in the “Latest Umpire News from Rowing BC” newsletter

- Submit within 30 days of the event
- One form per regatta
- Include receipts on the receipts tab
- Submit as an Excel

Unsure about what is/isn't covered? [Reach out!](#)

CU for an event with long distance or complicated travel arrangements? [Reach out!](#)



Communications

Our communication channels:

- Direct email - jury info, safe sport follow up etc.
- Newsletters - information for all umpires
- Slack - variety of channels for different purposes, but only useful if you check it!

Rowing BC Umpire Committee as a whole:

ucommittee@rowingbc.ca

Rowing BC Umpire Chair individually:

umpirechair@rowingbc.ca





Rowing *British* *Columbia*

2026 Rowing BC Umpire Committee

2025 Umpire Committee

Thank you to the 2025 Rowing BC Umpire Committee!

- Tim Henderson (Chair)
- Maria Issa
- York Langerfeld (Board Support)
- Sonja Lonne (Staff Support)
- Michael Rascher
- Margaret Shorter
- Gordon Sund



2026 Umpire Committee

Welcome to the 2026 Rowing BC Umpire Committee!

- Tim Henderson
- Maria Issa
- York Langerfeld (Board Support)
- Sonja Lonne (Staff Support)
- Bas Rijniersce
- Ge-An Rijniersce
- Margaret Shorter
- Gordon Sund





Rowing British Columbia

Thank you for being here!

**Please complete a feedback form
before you go.**

Have a safe journey home.